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NON-FICTION

HIGHLIGHT BEST-SELLERS SPRING 2013

**Cyrulnik, Boris: *SAUVE-TOI LA VIE T'APPELLE*
*MEMOIRS***

(Odile Jacob, October 2012, 280 pages)

250 000 copies sold in France

Rights sold to: Germany (Ullstein buchverlage), Italy (Arnoldo Mondadori editore), Spain (Debate / Random House), Romania (Curtea Veche), Danemark (Gad Forlag), Netherlands (De Arbeiderspers), Brazil (Editora Rocco), China (Guangxi science and technology press), Taiwan (Psy garden); 2 sales for Club in France

For the first time, Boris Cyrulnik recounts his early years, the war, his life as a hidden child, police roundups and how he found the strength to survive. For the first time, Boris Cyrulnik recounts his early years, the war, his life as a hidden child, police roundups and how he found the strength to survive

Boris Cyrulnik is a neuropsychiatrist and director of studies at the University of Toulon. He was born in 1937 in a Jewish family. In 1942, his parents were deported and he was sheltered and hidden. On 10 January 1944, when he was 6 ½, he was picked up in a roundup of other Jews from Bordeaux, but he managed to escape - and to survive, moving from place to place, until the Libération, when he went to live with an aunt and tried to recover the life of a child his age.

His survival of nazi destruction motivated his career into psychiatry. He is internationally famous for developing and explaining to the public the concept of Psychological resilience.

Boris Cyrulnik is the author of many immensely successful works, notably UN MERVEILLEUX MALHEUR, LES VILAINS PETITS CANARDS and AUTOBIOGRAPHIE D'UN ÉPOUVANTAIL, which all sold more than 200,000 copies and are widely translated. Among his English translations: TALKING OF LOVE ON THE EDGE OF A PRECIPICE (Penguin), RESILIENCE: HOW YOUR INNER STRENGTH CAN SET YOU FREE FROM THE PAST (Penguin).

Narrating one's life certainly does not mean chronicling a sequence of events: it means organising our memories, shaping the representation of what happened to us and modifying the listener's mental world,' writes Boris Cyrulnik about the act of memory that he recounts in the present work.

For the first time, Boris Cyrulnik recounts his early years: he seeks out each buried recollection, questions the tricks played by his memory and tries to reconstruct what he felt at every moment, while attempting to explain what he may or may not have said when peace and freedom were finally restored and how he found the strength to overcome suffering.

Selling points: *In an extraordinary process of self-analysis, Cyrulnik delves into his emotions and the psychological labyrinth that made him who he is.*

The intimate account of a life that could have been shattered: an heartfelt, amazing and inspiring testimony.

More than never, Cyrulnik teaches us that we can not only survive in the shadow of adversity, we can thrive.

Pr. Héritier, Françoise: *LE SEL DE LA VIE*

(Odile Jacob, February 2012, 96 pages)

200 000 copies sold in France !!!

#1 in the Bestseller list of L'Express

A most enjoyable book in the form of a game with her and our own memories

“There is a form of lightness and grace in the simple fact of existence, regardless of occupation, of strong feelings, or of political commitments of any sort — and that is the only thing I have wanted to write

HIGHLIGHT BEST-SELLERS SPRING 2013

about. About that little extra thing that is granted to all of us: the salt of life.” writes Françoise Héritier. What exactly are those “pleasant things that our deepest self aspires to”?

“Holidays, music, reading, gardening, friends... of course, but also those ‘intimate shudders that we get from minor pleasures, from questionings and even from disappointments if we give them the time to exist’: laughing hysterically, eating oysters by the seaside, watching an old movie, smiling lovingly at a photograph of one’s grandmother, having eyes that are bigger than one’s belly, the grace of Audrey Hepburn, straightening out a paperclip, whisking mayonnaise by hand, having seen Miles Davis, etc., etc.”

Françoise Héritier draws up her own list of those moments, of the memories that give life its flavour, making it richer and more interesting than we believed and that no one can ever take away from any of us.

Pr. Françoise Héritier, an anthropologist, is Emeritus Professor at the Collège de France and at the École des Hautes Etudes en Sciences Sociales. She is the author of such highly successful works as MASCULIN/FÉMININ, LES DEUX SOEURS ET LEUR MÈRE and DE LA VIOLENCE translated in more than 10 languages.

Rights sold to: World-English (Penguin Press), German (Knaus), Italian (Rizzoli), World-Spanish (Aguilar), Portugal (Temas e Debates), Brazil (Valentina), Greece (Kelethos), Denmark (Artpople), Korea (Mujintree), Japan (Akashi Shotan), Taiwan (Emily).

“Happiness is a bestseller. The book has stayed at the top of the bestseller lists ever since it came out last February (2012).” L’Express

“Stéphane Hessel attracted millions of readers with Time for Outrage! Françoise Héritier will do so too by saying, “Time for Enchantment!”. RTL

“It’s the only January book to remain on the bestseller lists. No one could have predicted it would have such a destiny.” Libération

Lenoir, Frédéric: L’ÂME DU MONDE (Nil/Robert Laffont, October 2012, 120 pages) 200 000 copies sold in France !

The keys to universal wisdom are put within the reader’s reach through this marvelous tale.

What mysterious force compelled seven sages, each representing the major spiritual traditions of humanity – a Tibetan lama, an American Christian, an Indian mystic, an Israeli Kabbalist, a Dutch philosopher, an African Sufi guru, a Mongolian shaman, a Taoist Chinese master – to find each other in a forgotten monastery in Tibet?

Sensing the imminence of a worldwide catastrophe, the figures come to teach young Tenzin the fundamental keys to wisdom. Willfully forgetting what divides their respective cultures and religions, they bring a philosophical and spiritual message founded on personal experiences. Their message addresses fundamental human questions (Why am I here? How can I live a full life?) with universal teachings that go beyond all dogma and beliefs.

Then the dreaded cataclysm occurs... Black dust climbs the valleys, the earth is covered in darkness for forty days and nights. When a new day finally breaks, Tenzin realizes that he is the only survivor. Armed with the keys to universal wisdom, he tearfully takes the route of the valley in search of what’s left of humanity.

Like other initiation tales, such as THE PROPHET by Khalil Gibran or THE ALCHEMIST by Paulo Coelho, Frédéric Lenoir presents a tale that is both touching and intelligent. Following his PETIT TRAITÉ DE VIE INTÉRIEURE (which sold more than 200,000 copies), Lenoir’s philosophical and religious approach is accessible to everyone through this spiritual tale.

Frédéric Lenoir is a philosopher, sociologist, and religious historian. He is a researcher at the EHESS and the director of the magazine Le Monde des religions. His books have been translated into over twenty languages. His most recent books include PETIT TRAITÉ DE VIE INTÉRIEURE (Plon, 2010) and DIEU (with Marie Drucker, 2011).

Rights sold to: Bulbary (Colibri), Korea (Gimm-Young publishers), Germany (Deutscher taschenbuch Verlag), Spain (Editorial Ariel-groupe Planea), Greece (Patakis), Italy (RCS Libri). Netherlands (Ten Have BV), Turkey (Pegasus Yayincilik), Taiwan (Freedomhill Creatves).

Lenoir, Frédéric: *LA GUERRISON DU MONDE*

(Fayard, October 2012, 300 pages)

More than 100 000 copies sold!

The world is undergoing an economic, social, cultural and environmental upheaval, the brutality and consequences of which are unprecedented in recent history. To see a change of equal importance, we must look to the neolithic period—well before the Renaissance or the fall of the Roman Empire—when hunter-gatherers became sedentary and started cultivating plants and raising livestock. Yet we can neither “turn back the clock” through policies of degrowth, nor place blind faith in technical progress. The solution, Frédéric Lenoir believes, lies in a shift in humanity's collective consciousness, in finding a new balance between “being” and “having,” between masculine and feminine thought. The present work provides concrete solutions and inspirational examples of men and women everywhere striving to heal the world, proactive measures, that is, to help us move towards a simpler and more salutary way of life.

Frédéric Lenoir is a philosopher, a sociologist and a historian of religions. He has directed the magazine *Le Monde des religions* since 2004. He is also the author of Fayard's *SOCRATE, JÉSUS, BOUDDHA* and *COMMENT JÉSUS EST DEVENU DIEU*.

Rights sold to: Korea (Beautiful People), Romania (Sapientia)

Loreau, Dominique: *L'ART DE SIMPLICITE*

(Robert Laffont, reprint March 2013, 190 pages)

380 000 copies sold in France !

Somewhere between an essay and a practical guide, this book by Dominique Loreau is an antidote for the falsehoods of our consumer society. Elegance, Beauty and Well-Being... without going bankrupt! Dominique Loreau reintroduces us to the pleasures of living without the excess. If simplicity is an art then Loreau is a master and her analysis of how we live and her suggestions for improvement will appeal to a broad feminine public. Inspired by oriental philosophies, very en vogue, this book has all the elements necessary to become THE manual on the feminine art of living for the 2000's...

Author of bestsellers such as *L'Art de l'essentiel* and *L'art de la simplicité*, Dominique Loreau lived in Japan for over 15 years. Seduced by the art of living in Japan, she has adapted this philosophy to the Western lifestyle.

Rights sold to: Arabie Saoudit (Obeikan Research & Development), China (Publishing House of Electronics Industry), Corea (Bada), Croatia (Alfa d.d), Spain (Ediciones Urano), Italy (Antonio Vallardi Editore), Japon (Gentosha), Lettonia (Zvaigzne Abc Publishers Ltd), Portugal (Editorial Bizancio), Poland (Wydawnictwo Czarna Owca), Romania (Baroque Books & Arts), Slovenia (Vale Novak Publishers), Taiwan (Publishing Co Ltd)

SOCIETY, POLITICS, ECONOMY

Askenazy, Philippe & Cohen, Daniel: *5 CRISES - 11 NOUVELLES QUESTIONS D'ÉCONOMIE*

(Albin Michel, April 2013, 800 pages)

In the same vein as two previous books - *27 QUESTIONS D'ÉCONOMIE CONTEMPORAINE* and *16 NOUVELLES QUESTIONS D'ÉCONOMIE CONTEMPORAINE*; *5 CRISES, 11 NOUVELLES QUESTIONS D'ÉCONOMIE CONTEMPORAINE* treats new themes recently explored by the researchers of the Paris School of Economics, co-founded by Daniel Cohen. In this edition, readers will find a fresco devoted to neo-liberalism, an in-depth analysis of the comparative evolution of top managers' and household incomes, an assessment of the housing situation and many other contributions.

A monument of erudition presented by two specialists in an accessible manner.

Daniel Cohen is an economist and Professor of Economy at the Ecole normale supérieure and Vice President of the Paris School of Economics, of which he is a founder member. Albin Michel has just published his *HOMO ECONOMICUS*, about 100 000 copies sold in France, and translated in 10 languages. Philippe Askenazy is a researcher at the CNRS and the Paris School of Economics.

Patino, Bruno & Fogel, Jean-Francois: *LA CONDITION NUMÉRIQUE* (Grasset, April 2013, 240 pages)

In this engaging and illuminating book, two specialists take on the digital turn and explain how the age of permanent connectedness has transformed the human condition.

The internet has changed. Two decades after its creation, the world wide web is no longer a component of the media, but a determining social space for the private, professional, and public life each of us leads. The internet's last transformation, with the dominance of social networks and mobile connection, affects every dimension of human relations. Simply talking about the rise of the image and "real-time" would be a shortsighted take on the new uses of the digital that are emerging. We are now witnessing a change that is perceptible at every moment and in every context – a metamorphosis of that which constitutes the social framework of the human condition.

A digital condition has been born. It can be described in each of the fields that define an individual: identity, activity, knowledge, participation, relationships, etc. And this digital revolution becomes comprehensible, even obvious, when it is read at the level on which it acts – less on technological change than on the transformation of the intimate nature of those who use it.

Bruno Patino directs *France 5* and *France Télévisions Numérique*.

Jean-François Fogel conceived and developed *lemonde.fr* with Bruno Patino, creating a leading information website in the Francophone world. They have also written the highly acclaimed *UNE PRESSE SANS GUTENBERG* (Grasset, 2005).

Rights sold for *UNE PRESSE SANS GUTENBERG*: Castilian (Oficina del autor)

Lacombled, David: *DIGITAL CITIZEN, MANIFESTE POUR UNE CITOYENNETÉ NUMÉRIQUE* (Plon, March 2013, 180 pages)

Through this documented analysis of the transformation the digital revolution has wrought in our lives, David Lacombled provides a powerful manifesto for the necessity of a new kind of citizenship, a digital one.

In less than 20 years, the digital revolution has given birth to a new world. Our lives have been radically changed by Google, Facebook, Twitter, smartphones, e-commerce and or more. Data, news, culture, politics, economics and social relations have all entered a new era. New uses emerge, new frontiers are created, new spaces for freedom and expression open; but new threats are also hanging over our heads as new divisions arise and inequalities widen. In order for this world to retain a human aspect, Lacombled strongly believes that each of us has to take on a new, digital citizenship. This book proposes his manifesto, offering praise for exchange and openness, respect and creativity through anecdotes and personal stories drawn from around the globe.

This committed study explores what the digital revolution means to everyday life, through an examination of the challenges and overwhelming changes and transformations that are paving the way to the birth of digital citizens.

Born in 1968, trained as a journalist, David Lacombled is delegate director of Orange's content strategy. He is also president of the "La villa numeris" think tank.

Selling points: *An accessible and well-documented analysis of how our lives have been transformed by the digital revolution.*

A powerful and convincing manifesto for a new, digital citizenship, offering praise for exchange and openness, respect and creativity.

An entertaining book, full of anecdotes and personal stories drawn from around the globe, and aimed at all those who wish to participate fully in the digital world.

Chevalier, Laurent: *LE LIVRE ANTI TOXIQUE* *ALIMENTATION, COSMÉTIQUES, MAISON... : LE GUIDE COMPLET POUR EN FINIR* *AVEC LES POISONS* (Fayard, April 2013, 310 pages)

In today's chemical-infested world, nothing-from the things we eat and wear to the very interiors of our homes-is spared. Yet it is possible on the individual level to live a healthy life. The present work takes an in-depth look at toxins, providing the reader with solid scientific foundations while untangling the mass of partial

and contradictory information that we receive from the institutions, experts and industrialists. For example, is it really necessary to eat 100% organic? And where exactly do pesticides accumulate? How, moreover, do heavy metals affect our moods? Designed as a guidebook, the present work offers clear guidance and practical advice. Combating pessimism and misinformation with lucidity, the author makes an appeal to each and every one of us for greater responsibility in even the most ordinary of choices. Aiming for more than individual actions, however, he also calls for group actions to denounce the unacceptable state of the world today. As the widespread pollution harming both our health and that of the planet certainly isn't a question of fate.

Doctor Laurent Chevallier is a physician nutrition specialist. A practitioner attached to the University Hospital of Montpellier, he also directs the nutrition departments of a number of clinics. He is the author of numerous books, including *IMPOSTURES ET VÉRITÉS SUR LES ALIMENTS* (Fayard, 2007), *LES 100 MEILLEURS ALIMENTS POUR LA SANTÉ ET VOTRE PLANÈTE* (Fayard, 2008) and *MES ORDONNANCES ALIMENTAIRES* (LLL, 2009).

**Gori, Roland: *LA FABRIQUE DES IMPOSTEURS*
(Les Liens qui Libèrent / L'Autre agence, January 2013, 314 pages)**

A book which masterfully demonstrates that our society of standards manufactures impostors, in the name of so-called pleasure where meaning has been replaced by marketing and advertising. And it invites us to become actors of our world again.

The impostor is among us: at school, the hospital, in museums, he estimates, counts, clicks, stores and measures performance at all levels. But contemporary society pushes us towards being impostors ourselves as well. We verify the means and the conformity of the procedures to ensure that "it" runs well in agreement with the instruments that claim to measure everything without asking us why it runs. Yet today, "it" goes wrong because no virtuous circle has been established (we try to monitor the performance, not to improve the practices). And we are so over-adapted to our servitude that we believe we have no other choice and continue to run in our wheel like hamsters.

Yet this book is also realistic: since it is impossible to remove the standards, the solution resides in a sufficient play in their use, so that they don't prevent invention. Thus only the ambition of culture and the audacity of shared freedom will allow us to create the future. We have become technicians, and Roland Gori incites us to become creators again.

Close to Winnicott's and Michel Foucault's schools of thoughts, Roland Gori is professor emeritus of psychology and psychopathology based in Marseilles and a social activist. In 2009 he initiated l'Appel des appels against the destruction of the social link. His numerous works include *La Santé totalitaire*, *De quoi la psychanalyse est-elle le nom* and *L'APPEL DES APPELS* (15,000 copies sold). His last book was *LA DIGNITÉ DE PENSER*.

Selling points: *A relevant analysis that sheds light on different protest movements around the world (Occupy Wall Street, Los Indignados, etc.).*

An exciting and encouraging book which shows that it is possible to reclaim the meaning of our words and our actions.

**Harribey, Jean-Marie: *LA RICHESSE, LA VALEUR ET L'INESTIMABLE*
(Les Liens qui Libèrent/ L'Autre agence, March 2013, 560 pages)**

A major book that deconstructs the premise of liberal societies, according to which everything must be measured and valued in economic and financial terms.

Can you give an economic value to nature? To well-being? To knowledge? To mankind? To community services? And yet this is what neo-liberal societies do, whereas on our planet and in the lives of our communities there are registers to which no common measure can be applied. Not everything can be recovered, added up, or estimated in the form of economic calculation and profitability. This is why we cannot reduce economic value and ethical values to the same common denominator, and international authorities that aim to do so are on the wrong track.

Recognizing that the crisis is currently as much an economic as a social and ecological one, the ambition of this book is to reestablish a theoretical criticism to create the opportunity to consider a productive work of collective wealth.

Jean-Marie Harribey is Associate Professor of Economics and Social Sciences and Honorary Senior Lecturer at the University of Bordeaux IV. From 2006 to 2009, he co-chaired the ATTAC-France association

SOCIETY, POLITICS, ECONOMY

(Association for the Taxation of financial Transactions and Aid to Citizens) and is currently co-chairman of the “*Appalled Economists*.”

Selling points: *An analysis which rehabilitates other notions than those of economic wealth, and which gives another vision of progress.*

Trévidic, Marc: *TERRORISTES – LES SEPT PILIERS DE LA DÉRAISON* (JC Lattès, January 2013, 280 pages)

How and why does one become a terrorist? How does a judge rule on these particular cases and why is his mission so perilous? What is France’s position on a phenomenon that knows no borders?

For the first time, a highly respected prosecuting judge takes us to the heart of the terrorist system, a universe as fascinating as it is alarming. He daringly takes on the role of apprentice terrorist to demonstrate the mechanics of how a young man or woman insidiously progresses towards madness.

Above and beyond these edifying individual stories is the question of serving justice. Despite a well-informed and vigilant judiciary system, sentence cannot be passed due to lack of proof and hard evidence: a terrorist is not a terrorist until he acts.

Marc Trévidic, one of the most highly regarded specialists of jihadist organizations, is an examining magistrate of the antiterrorist department of the Tribunal de Grande Instance of Paris. President of the AFMI (Examining Magistrate Association), Marc Trévidic’s first book, *AU COEUR DE L’ANTITERRORISME* (Lattès 2010) was well-received by critics. Praised by the critiques, frequently under the media spotlight, *TERRORISTS* has sold 30,000 copies.

Auge, Marc: *LES NOUVELLES PEURS* (Payot, January 2013, 96 pages)

The economic situation, working conditions and the threat of unemployment, as well as the environment, natural disasters, terrorism, religious fanaticism... There are all kinds of fears: fear of the elderly and of the young; fear of the rich and of the poor; the fears of those who are afraid of slipping below the poverty line, and more.

For an anthropologist, these fears, no matter how recent they may be, all create a sense of déjà-vu. The colonization that we are subjected to anonymously nowadays, and that we wear ourselves out trying to name and assign blame for (capitalism, financial engineering, international conglomerates, globalization), is more like a genetic disease that we are all unwittingly carriers for. The symptoms, which range from extremely varied all the way to contradictory, appear all at once, as if they were summing up our shared history.

Yet the history of humanity can’t be reduced to a tale of recurrent plagues, on the contrary. It produces its own antidotes: curiosity, progress in knowledge and in cooperation, attempts at reconciliation and rapprochement and, all told, an as-yet-uncertain awareness of a shared future – all things that it would be unreasonable, or worse, to neglect or to attempt to ignore.

Marc AUGE, anthropologist and ethnologist, was director of the Ecole des Hautes Etudes en sciences sociales. A prolific writer, he blends philosophical reflections and modern ethnology both skillfully and elegantly.

LES NOUVELLES PEURS is his seventh work to be published by Payot et Rivages following among others, *L’IMPOSSIBLE VOYAGE* (1997), *LES FORMES DE L’OUBLI* (2001), *ELOGE DE LA BICYCLETTE* (2008), *LA VIE EN DOUBLE* (2012), all translated into several languages.

Rights sold to: Italy (‘Bollati Boringhieri) and Argentina (Paidos, Spanish world rights)

Foucart, Stéphane: *LA FABRIQUE DU MENSONGE, COMMENT LES INDUSTRIELS DÉTRUISENT LA SCIENCE* (Denoël, February 2013, 300 pages)

The first in-depth investigation upon the manipulation of science by the industry. Today’s society is basing its crucial technical choices on science, yet today’s science is biased and corrupted by industrial firms. One of the core objectives of multinationals is to undermine the works of independent scientists that are not in their favour. They go as far as organizing fake scientific conferences and manipulating the media to influence decision makers and the public opinion. The tobacco industry was the first one to implement such techniques. Tobacco firms recruited false experts, financed biased surveys and organized mock conferences to make people

believe that there was no link between lung cancer and smoking. The same methods are being used again today with Bisphenol A (BPA), an organic compound used in plastic food containers, and a serious threat to public health. Identical aggressive counter-propaganda campaigns are also being used for issues such as climate change, pesticides, GMO and drugs.

The point of this book is not activism: it is all about objective facts, and trying to understand why major public health or environmental issues that were clearly identified by science are simply not being addressed at all.

Stéphane Foucart is 38. He trained as a physicist, and works as a science journalist for *Le Monde*. He was previously the author of *POPULISME CLIMATIQUE, CLAUDE ALLEGRE ET CIE, ENQUETE SUR LES ENNEMIS DE LA SCIENCE* (2010).

Femen: *FEMEN*

(Calmann-Levy, March 2013, 272 pages)

The first book published by the founding members of FEMEN, explaining the goals of pop-feminism and giving us their incredible story, in four-part harmony.

During the Euro 2012, their war cry was heard around the world: “Ukraine is not a brothel!”. Inna, Sasha, Oksana and Anna, the founders of the FEMEN activist movement, grew up in ordinary families in two small Ukrainian towns. Each showed signs of unusual independence early on, refusing to succumb to the overriding hopelessness of life in post-Soviet Ukraine, determined to amount to something in life.

Since 2008, the “gang of four” came up with a new kind of feminism, a more radical and spectacular movement they would call “pop-feminism.” Thus FEMEN, or “thigh” in Latin, was born.

Topless, and sporting floral crowns and high heel shoes, the four women's slight frames were turned into vehicles of ideological expression, placards for painting slogans and images. Humor, dramatic staging, physical daring and the shock factor soon became part of the foursome's highly-effective repertoire.

First in Ukraine, and then the world over, the four women have taken on issues of gender inequality as well as poverty, discrimination, dictatorships and religious dictates. In Italy, they protested against the conduct of Silvio Berlusconi; in France - dressed like housekeepers - against that of Dominique Strauss-Kahn. The Ukrainian activists have climbed steeples and embassy walls, have burst in on TV studios and polling places and as the movement has radicalized - each of the four women has spent time in prison. They have been sued for “hooliganism” in Ukraine and banned from entering countries abroad. Yet thanks to unprecedented media coverage, FEMEN has found branches in over a dozen countries and their movement is very strong in France, Germany and Brazil. According to them, this is just a beginning.

This is their story, told in their own words to journalist and Russian specialist Galia Ackerman.

Anna, Inna, Oksana and Sasha are the founder members of the FEMEN. Inna and Oksana fled to Paris to escape persecution in Ukraine. Journalist, translator and writer, Galia Ackerman, is a specialist of post-Soviet countries. She has published numerous works, including *TCHERNOBYL, RETOUR SUR UN DÉSASTRE* (“Folio” Gallimard, 2007) and *LE ROMAN DU JUIF UNIVERSEL*, by Elena Bonner and André Glucksmann (interviews and remarks collected by Galia Ackerman).

Cohen, Daniel: *HOMO ECONOMICUS, ANIMAL TRISTE*

(Albin Michel, September 2012, 296 pages)

100 000 copies sold in France !

Governed by a new ‘world civilisation’ dominated by exuberant capitalism, society is becoming more and more competitive. The obsession of figures is widespread and the mania for ranking is universal. A neo-Darwinian world, where losers are eliminated and subjected to the disdain of winners, is now in the making and we can see the first signs of a sunset scenario. Yet none of these evolutions is inescapable: what we must do, urgently, is to rethink the relation between the quest for individual happiness and the effective advance of modern societies.

Daniel Cohen is the most heeded French economist today. Director of the Ecole Normale’s Economics department and consultant to the FMI, he has written many successful books. His latest essay, *LA PROSPÉRITÉ DU VICE* (2009), was translated into ten languages.

HISTORY & CIVILIZATION

Carrère d'Encausse, Hélène: *LES ROMANOV. UNE DYNASTIE SOUS LE RÈGNE DU SANG*

(Fayard, May 2013, 400 pages)

The Romanovs were brought to the Russian throne in 1613, after several tragic centuries during which time power was either passed on or won by way of murder. Fifteen sovereigns, including three women, will embody the dynasty over the course of its three-hundred-year history. Under Romanov rule, the Russian empire would see its territory expand through conquests that would make it the largest country in the world - still the case in 2013, the year marking the 400th anniversary of the dynasty's ascension to the throne - and the most populous country in Europe. The dynasty would be an exceptionally brilliant one.

Indeed, some of its emperors, Peter the Great, Catherine II, Alexander I and Alexander II, are among the greatest figures of world history. The House of Romanov not only turned Russia into one of the great powers of Europe: It opened the way to Russia's current role as a key global player.

The latest work by Hélène Carrère d'Encausse, more historical essay than biography, sheds informative light on contemporary Russia, recounted through the incredible destiny of the House of Romanov.

Historian of Russia, Hélène Carrère d'Encausse has been a member of the Académie française since 1991, where she was elected permanent secretary in 1999. Her works have been awarded numerous prizes, including the *Prix Aujourd'hui* for *L'EMPIRE ÉCLATÉ* (Flammarion), the *Prix Louise-Weiss* and the *Prix Comenius* for her entire body of work. Her biography of NICOLAS II won the *1997 Prix des Ambassadeurs*. She is the author of numerous works published with Editions Fayard.

Meyer, Philippe: *BALTIQUES. HISTOIRE D'UNE MER D'AMBRE*

(Perrin, February 2013, 502 pages)

An inland sea surrounded by nine countries: the Baltic states of Lithuania, Latvia, and Estonia, plus Sweden, Finland, Denmark, Germany, Russia and Poland. Its history is an essential element of the history of the West. The vast Baltic is little known and its history little discussed, yet its immense horizons inspire dreams, and the amber of its coasts is considered good luck. It is a plural rather than uniform body of water, made up of three parts: the German Baltic, the Scandinavian Baltic, and the Slavic and Finno-Ugrian Baltic.

Philippe Meyer analyses 2,000 years of strife and vicissitudes, punctuated by periods of peace that have seen the development of true civilization. This work precisely describes and interweaves both the relations between the coastal countries and the imperialistic designs and efforts of the great States – Germany and Russia, and to a lesser degree France and Great Britain – that have sought at various times over the centuries to control or even annex them. At present, the Baltic region is at peace, solidly attached to Europe.

Philippe Meyer is a Germanics scholar and expert on Franco-German relations. Perrin has also published his *HISTOIRE DE L'ALSACE* and *L'OR DU RHIN, HISTOIRE D'UN FLEUVE*.

A very well-documented, specialized work, covering both the history and the geography of this vast region, concerning nearly a dozen countries.

More than a linear history of a, inland sea, this book offers a vast panorama of a 2,000-year-long period, educating readers about the evolution of the three ethnic groups living along its shores.

A highly informative work that not only focuses on the region's history and geography, but also addresses the history of its peoples, cities, commerce, governments and regimes, religions, and the relations between its countries.

Kersaudy, François: *LES SECRETS DU IIIème REICH*

(Perrin, March 2013, 320 pages)

Through the resolution of fifteen great enigmas, a descent into the heart of the secret history of the Third Reich and its prominent figures.

Who wrote MEIN KAMPF? What actually happened in Hitler's bunker in April, 1945? Was Himmler really an adept of the occult? What was really going on, behind closed doors, in the Rudolf Hess affair? What do we know of the Führer's relations and relationships with women? Who was behind the Reichstag fire?

These are a few of the questions this book attempts to answer. If a great deal of ink has already flowed concerning some of these mysteries, shadows, questions, even taboos nonetheless persist in the case of each, ones which merit a fresh investigative look. By revealing and discussing the major secrets of the Third Reich and its dignitaries, François Kersaudy, with his rigorous sense of detail and inimitable talent for story telling, casts new light on the confidential aspects of the Nazi regime.

François Kersaudy has taught at Oxford University and Paris I. A specialist on the Second World War and acclaimed historian, he has concentrated his work on Nazi Germany for the past several years. An accomplished biographer, his works include HERMANN GOERING, HITLER, CHURCHILL and STALINE, all at Perrin.

Buisson, Jean-Christophe: *ASSASSINES* (Perrin, January 2013, 359 pages)

Fifteen assassinations of heads of State that changed the history of the world.

“Violence is the midwife of history” (Karl Marx) and has been since Caesar. In this exceptional book, journalist Jean-Christophe Buisson combines rigorous historical investigation and an elegant pen to offer adequate proof of the fact. This is his account of fifteen assassinations of major importance, on every continent and during different eras, all of which had in common their immense and game-changing influence on world history.

Some are widely known (Caesar, Ceausescu, Henri III, Sissi, Franz Ferdinand, and Nicholas II, for example), others less familiar (Maximilian of Hapsburg, Diem, Sadat), and some are all but forgotten (Dolfuss, Lumumba, Indira Gandhi).

Buisson brings new elements to each case, whether through revelations or simply because of his exceptional talent as a story teller who transforms events and protagonists on the page into the stuff of scenes from the cinema of the mind. Each chapter is constructed in a different narrative manner, sometimes as a countdown, sometimes from the executioner’s point of view, others in the mind of the victim, but more often than not as a parallel description of the acts and thoughts of both the assassin and his target, leading, chronologically, to the fatal encounter.

Jean-Christophe Buisson is the editor in chief of the cultural section of *Le Figaro Magazine*. He is the author of MIHAILOVIC and HISTOIRE DE BELGRADE, published in Perrin-Tempus. He is a weekly participant in the RTL radio programme *On refait le monde*.

“...à travers 15 excellents récits sur des chefs d’Etat assassinés...le drame personnel se mêle au drame politique. Il y a toujours du Shakespeare ou du Racine dans ces heures où la future victime sent le piège se resserrer et la fatalité l’emporter.” **Le Journal du dimanche**

Diefenthal, Frédéric: *PARIS, CAPITAL CITY OF CRIME* (Michel Lafon, April 4th, 2013, 304 pages)

The 20 most important criminal cases in Paris since the beginning of the 20th century.

Famous crimes leave a permanent mark. We can’t go through Porte de Clignancourt without thinking of Mesrine’s execution; or walk by Rue Montmartre without imagining how the Parisians felt when they learnt that Jean Jaurès was killed there; explore the Étoile District without thinking of Dr Petiot’s enterprise of death on Rue Le Sueur; walk around La Goutte d’Or without feeling the anarchist atmosphere left by the Bonnot Gang.

This book is not just the impressive story of what happened there. It reveals all the secrets hidden behind each arrondissement, the spirit of the time, and the criminals’ personalities. Bonnot would not be the same person without the birth of the motor industry. Petiot could not have done his work without the German occupation. The “Gang des Postiches” brings us back to François Mitterrand’s era, the Zemmour clan in Pigalle during the 70’s...

Every arrondissement has its own criminal history. Some places are forever haunted by those crimes, which end up in people’s memory as symbols of our deepest fears.

Frédéric Diefenthal, French famous actor, is the TV host of Paris, Capital City of Crime - 20 arrondissements, 20 prime time TV shows. Written with Pierre-Henri Moinet, scriptwriter and author.

Selling points: Paris, an always fascinating city, and especially since *MÉTRONOME!*

Méfret, Jean-Pax: *12 ASSASSINATS POLITIQUES QUI ONT CHANGÉ L'HISTOIRE* (Flammarion, April 2013, 300 pages)

Murdered. With daggers or poison, guns or shotguns, the rope or the bomb. From time immemorial, the world's history has been strewn with the corpses of powerful or politically engaged individuals whose blood was shed by the collective conspiracies of their opponents or by individual killers acting on their own. Jean-Pax Méfret looksback on the little known, often exclusive details of twelve symbolic murders which have marked history. Why did Brutus kill Cesar? What drove Dominican monk Jacques Clément to stab Henri III? Who really was Charlotte Corday, the young murderess of French revolutionary leader Jean-Paul Marat?

What circumstances led American president Abraham Lincoln to burst out laughing as he was being shot by Southerners, who accused him of abolishing slavery? Why was the murderer of Jean Jaurès acquitted?

This book provides hundreds of details on the violent deaths of leading figures: Archduke François-Ferdinand in Sarajevo, whose tragic death triggered WW1; French president Sadi Carnot, the victim of an Italian anarchist in Lyons; Léon Trotsky in Mexico; Gandhi in New Delhi; Martin Luther King in Memphis; Anwar al-Sadat in Cairo; Yitzhak Rabin in Tel Aviv...

An expert in major political and criminal investigations, Jean-Pax Méfret is a journalist. He was a special correspondant and then chief editor, for twenty years, at Figaro Magazine, for which he directed major stories. He is the author with Pygmalion of UN FLIC CHEZ LES VOYOUS (police superintendant Blémant), LE VOL DES BIJOUX DE LA BÉGUM, UNE SALE AFFAIRE (the Markovic scandal), JUSQU'AU BOUT DE L'ALGÉRIE FRANÇAISE (Bastien-Thiry), L'ÉTÉ DU MALHEUR, SUR L'AUTRE RIVE (1962).

David, Bertrand & Lefrere, Jean-Jacques: *LA PLUS VIEILLE ÉNIGME DE L'HUMANITÉ* (Fayard, January 2013, 188 pages)

One day a painter/draftsman asks himself what everyone else has always wondered about prehistoric caves drawings: How did prehistoric man produce works of such precise and self-assured lines? And why did our ancestors make them in caves often remote and difficult to access? Why, what is more, did they make drawings that were almost identical in nature for over thirty thousand years? Obviously, there must be some important reason why. The artist comes up with a theory all his own and undertakes a collaboration with a scientist in order to test it. Experiments are conducted, sometimes under the same conditions as those of our distant ancestors; all are conclusive beyond their wildest dreams. Perhaps even the meaning of the drawings will be revealed in the end.

The pair of authors of the present work are entirely self-taught in the field of paleontology. Perhaps this particular status, and their complete independence of thought, has enabled them to uncover one of the most ancient and enduring secrets in the history of humanity? Painter and draftsman Bertrand David holds a degree from the *Beaux-Arts de Rennes*.

Jean-Jacques Lefrère is a professor of medicine, a historian of literature and an essayist.

Rights sold to: Swedish (Dialogos English), US : under negotiation

Oudin, Bernard: *LES MASQUES DE L'HISTOIRE* (Editions de Fallois, May 2011, 363 pages)

Who was the Man in the Iron Mask? Was Napoleon poisoned, and if so, by whom? Was Jack the Ripper a member of the British Royal family? Did the Nazis burn the Reichstag? Was Stavisky assassinated to keep him from talking? Was the Hindenburg airship sabotaged? Were the Rosenbergs really spies or were they victims of the Cold War? Was Kennedy the victim of a conspiracy? For decades, these questions have divided historians, fascinated the public, inspired novelists and filmmakers, and piqued everyone's curiosity.

New theories come to light with a certain regularity, some based on reasoning, others on imagination, still others on the spectacular progress in scientific analyses over these past few years. By challenging both official versions and some of the more-offbeat theories, this book aims to present the most recent evidence for each case studied, and, when it's still impossible to be 100% certain, to distinguish the merely possible from the highly probable.

Born in 1934, Bernard Oudin is a journalist and historian, vice-president of the Sherlock Holmes Society of France and a member of the Sherlock Holmes Society of London and the Baker Street Irregulars of New York. He has lived in Germany, where he taught at the University of Heidelberg. Fascinated by crime

stories, he has written *LE CRIME, ENTRE HORREUR ET FASCINATION* (Gallimard, 2010), *LE CRIME ET L'ARGENT* (Laffont, 1975) and *GRANDES ENIGMES CRIMINELLES* (Farnot, 1975). He is also the author of *ARISTIDE BRIAND: LA PAIX, UNE IDEE NEUVE EN EUROPE* (Robert Laffont, 1987), *VILLA, ZAPATA ET LE MEXIQUE EN FEU* (Gallimard, 1989), *ENQUÊTE SUR SHERLOCK HOLMES* (Gallimard, 1997) and of a *HISTOIRE DE BERLIN* (Perrin, 2000).

The author analyzes each episode with tremendous precision, picks from among three centuries of enigmas and unsolved mysteries, taking a new look at them from the point of view of the most recent scientific advances and theories, particularly advances in DNA analysis.

Selling point: A collection of criminal investigations that can be enjoyed like short detective stories, and that will appeal to everyone who loves history, mystery and police procedurals.

The author, a journalist and a historian, knows his subject inside-out, and as a Sherlock Holmes buff, knows how to present his investigations dramatically.

de Romèges, Henri: *SEXO MONARCHIE VALOIS, BOURBONS ET BONAPARTE: CES OBSEDES QUI GOUVERNAIENT LA FRANCE*
(Michel Lafon, april 2013, 304 pages)

For the first time, a well-documented study about the relationship between sex and power: a no-holds barred chronicle of the mores of French kings and emperors from Henri IV to Napoleon III.

Henri de Romèges takes us into the alcoves of political power. We find out about the sensual, priapic sometimes-rapist Henri IV, who mobilized an army of 300,000 men for a beautiful blond 40 years younger than him. We discover Louis XIV's extravagant escapades that dealt the final blows to the kingdom. As for the Regent, addicted to orgies, he slept with anything that moved, including his own daughter.

The author tells us the savory details that get left out of standard history books: Louis XV's private brothel, maintained by Madame de Pompadour; Napoleon I's 60 official mistresses, and Napoleon III's assiduous visits to whorehouses in Paris and London.

The private life of famous French monarchs: a collection of delightful anecdotes and revelations about palace secrets.

Selling points: *For the first time ever, a serious, fact-checked history of the ties between sex and absolute power, in the one caste that could ignore the Church's threats.*

A no-holds-barred sexual chronicle blending sex and cynicism, the refined and the sordid, the sublime, the ridiculous and the tragic.

Brimming with unbelievable but true stories and breath-taking revelations: Louis XIV's mistresses cost the state almost as much as the Palace of Versailles!

Henri de Romèges, a hardened reporter and author of history books, including one that was adapted for TV, is a columnist for Slate, the website run by Jean-Marie Colombani.

Teyssier, Eric: *POMPEE L'ANTI CÉSAR*
(Perrin, February 2013, 430 pages)

A portrait of Pompey, Caesar's one-time ally and later his powerful adversary, whose defeat marked the end of senatorial Rome in favor of the Empire. Like a Napoleon of Antiquity, his lightning ascension was dazzling, his dizzying fall breathtaking.

Of all the fascinating figures of Antiquity, from the Republic to the end of the High Roman Empire, Pompey is the one most celebrated by historians. As reputable as Caesar and often more appreciated, his life is such an epic saga that his contemporaries gave him the title of Pompey the Great before he turned 25. A general at the age of 23, thrice triumphant in battles on three continents, thrice consul, founder of cities, king-maker in the Orient and builder of Rome, womanizer and diplomat, Pompey's story is indisputably one of a great man.

His life is also symbolic of a complex era, filled with great men whose titanic confrontations profoundly influenced the fate of the Roman republic. Pompey's life story reveals the ultimate convulsions of a regime in its death throes, one that died almost at the same time as he did. Between a Senate obstinately determined to protect the privileges of its cast and the violent demagoguery of the party of the people, Pompey sought his place in a political world founded on perpetually shifting sands. Though his name would ultimately be eclipsed by Caesar's, Pompey remains the last imperator of the Republic.

Eric Teyssier, specialist on the Roman republic, is the history chair and lecturer at Nîmes University (France). His book about gladiators, *LA MORT EN FACE, LE DOSSIER GLADIATEUR*, is considered a reference in the field, and his biography of Spartacus was greeted with critical acclaim.

Selling points: *A fascinating portrait of a legendary emperor, which reveals the human dimensions of this psychologically complex man.*

Despite copious notes and appendices, this portrait is easy to read and will appeal to anyone interested in history and great men.

The book is intended for non-academic publishers. The author infuses his story with a strong epic dimension, so it is suitable for publishers of historical, political or military biographies.

Aurell, Martin: *DES CHRÉTIENS CONTRE LES CROISADES* (Fayard, February 2013, 416 pages)

Many historians and writers have presented the Crusades as a single urge to conquer distant lands, inspired by a fear of competing religions and feelings of cultural superiority in the Christian West. Until recently, films and political discourses have helped convey the myth. The present book dismantles the consensus fantasy regarding the military expeditions of the armed pilgrims who set off to conquer the Holy Land, to help Christian kingdoms in the East and to reestablish the Catholic faith in dissenting provinces, in particular the Languedoc region of the Cathars in the South of France.

Martin Aurell carefully investigated medieval archives and chronicles to resurrect the powerful voices of the Christians who spoke out against the popes and princes bent on freeing Jerusalem by force. Priests, monks and even troubadours stood up against the abuses perpetrated by the crusading men-at-arms. Through the words of these early champions of tolerance, the author gives us a reconstructed humanism, rooted in faith.

An unprecedented look at a dark and often overlooked chapter of the history of the Crusades, modifying our perception of violence in the Middle Ages.

Professor of Medieval History at the University of Poitiers and member of the Institut Universitaire de France, Martin Aurell directs the publication *Cahiers de civilisation médiévale*. His recent works include *LA LÉGENDE DU ROI ARTHUR (550-1250)* (Perrin, 2007) and *LE CHEVALIER LETTRÉ* (Fayard, 2011).

Nivat, Anne: *LA REPUBLIQUE JUIVE DE STALINE* (Fayard, March 2013, 368 pages)

In the years following the Russian Revolution, Stalin decided to create a Jewish Autonomous Region: The oblast of Birobidzhan, located on the Chinese border, was born. Whether the district was created to serve Stalinist propaganda, or not, tens of thousands of Jews, arrived, mainly from Ukraine but also from Argentina, Germany and America. Perhaps the Bolsheviks saw Birobidzhan as the solution to the “Jewish problem,” albeit hardly one compatible with the Leninist conception of the national question. At any rate, the autonomous Jewish territory, where Yiddish was chosen as the national language (along with Russian), exists to this very day. With the collapse of the former Soviet Union, most of the Jews in Birobidzhan would immigrate to Israel. More have since returned to the oblast, however, rather than permanently settle in the Promised Land.

To measure the success of the Birobidzhan project, and what remains of it today, Anne Nivat conducted an extensive investigation in the Russian oblast, but also in Israel, where she spent time among the immigrants from Birobidzhan, and the Chinese city of Harbin, that has always attracted the region’s inhabitants over far-off Moscow.

Born in 1969, Anne Nivat is a special correspondent and a writer. A renowned specialist of Russia, where she lived for 10 years (up until 2006), she has crisscrossed alone some of the world’s most hostile regions. In Chechnya, Afghanistan, and Pakistan, she works tirelessly to give a voice to the unheard people of regions fraught with historical complexity. A champion of long-term solutions, she refuses haste, stereotypes and sensationalist journalism of any kind. She has published a dozen books and received the Albert Londres Prize in 2000 for her book *CHIENNE DE GUERRE: UNE FEMME REPORTER EN TCHETCHENIE* (Fayard).

Selling points: *A rich and highly documented investigation, based on personal observations and numerous testimonies. A vast and complex panorama of the history of Russia and its Jewish population.*

Anne Nivat mixes a day-to-day journalistic report, following her journey to Israel, China and Russia, with a rich historic, political, and social analysis.

A very interesting book, about a badly known region and its history, the Jewish oblast of Birobidzhan, that will appeal to a wide readership.

**Milza, Pierre: *CONVERSATIONS HITLER-MUSSOLINI 1934-1944*
(Fayard, January 2013, 408 pages)**

Between June of 1934 and July of 1944, Hitler and Mussolini would meet eighteen times. What did they say to each other? What were their conversations like? And which language was used? The Duce was of course quite fluent in the language of his interlocutor, but this latter only spoke German... To answer these questions, the historian was given access to the summit minutes of both countries' diplomatic archives. Yet as Paul Otto Schmidt, the primary interpreter of their interviews, tells us, the documents were largely written by Schmidt himself, recorded during the thundering Führer's rants whose orations, veritable deluges of unrestrained verbosity, could last more than two hours, and were then translated into Italian and presented to the dictators for a supercilious reading. Fortunately, "secondary" sources abound (memoirs, correspondence, various accounts and so forth) enabling us to follow in great detail the course of these interviews and to understand how two such dissimilar characters were able to develop and maintain, until the end of their lives, a complicity in the most heinous crime ever committed in the history of mankind.

Emeritus professor and head of the *Centre d'histoire de l'Europe du XXe siècle* at the prestigious French school *Sciences Po* where he taught for over thirty years, Pierre Milza has written numerous works on Italy, including the definitive *MUSSOLINI* (Fayard, 1999), acclaimed on both sides of the Alps.

**Poisson, Georges: *LA GRANDE HISTOIRE DU LOUVRE*
(Perrin, March 2013, 480 pages)**

A history worthy of one of the world's greatest museums.

The Grand Louvre was created twenty-five years ago and attracts 8 million visitors a year. Its wealth of collections is constantly enriched by acquisitions and donations (the creation of the Salle Islam in 2012 is an example), and its international renown is constantly expanding (the establishment of a branch in Abu Dhabi its latest achievement). So it is high time to grace the Grand Louvre with a history worthy of its name. A history of the architecture, from the time of Philippe Auguste, including the impressive discovery of the resuscitated chateau; a history of décor that covers the stages and metamorphoses the palace underwent, ending with the present-day appeal to contemporary artists; a political history of the major events that occurred within these walls—revolutions, assassinations, and triumphs; and a history of the collections, retracing the incorporation, over five centuries, of hundreds of thousands of masterpieces, from Egyptian artifacts to the grand masters of painting.

Author: Georges Poisson, historian and *Conservateur général du Patrimoine*, has written many prize-winning works that have remained constantly in print, notably biographies of Saint-Simon (Flammarion, 2000) and *CHODERLOS DE LACLOS* (Grasset, 2005), as well as *L'ELYSÉE: HISTOIRE D'UN PALAIS* (Pygmalion, 2010).

**Fauvelle-Aymar, François-Xavier: *LE RHINOCEROS D'OR*
*STORIES FROM THE AFRICAN MIDDLE AGES***

(Alma Editeur/ L'Autre agence, February 2013, 317 pages - numerous illustrations, all permissions cleared)

This unique, landmark book revolutionizes theses that claim ancient Africa essentially doesn't have a history, and changes the way we look at a forgotten continent.

From the traces left by brilliant African civilizations and the multitude of oral traditions, François-Xavier Fauvelle-Aymar fascinatingly reconstructs the wealth of a rediscovered continent of which he delivers the stories, rather than the history. The Golden Rhinoceros has a very original structure of 34 short vignettes (reminiscent of what Richard Dawkins did in his *Ancestor's Tale*) which offers a unique panorama of sub-Saharan Africa from the 8th to the 15th century. We discover that during this period, Africa was not only full of life, but an amazing hub of world trade, the heart of gold and slave trafficking, renowned from Europe to China. The stories are based on first-hand knowledge of the sites, objects, and archives, and are accompanied by sumptuous illustrations which show some unique pieces for the first time.

François-Xavier Fauvelle-Aymar is a historian and director of research at the French National Center for Scientific Research (CNRS). He is one of very few internationally recognized specialists of ancient Africa. *THE GOLDEN RHINOCEROS* is his third book.

BIOGRAPHY

Selling points: *A unique book and an extraordinary journey about a virtually unexplored subject.*

The research and documentation are impeccably combined with great narrative qualities.

A lively and accessible introduction to the ancient history of Africa. Excellent narrative qualities.

BIOGRAPHY

Vircondelet, Alain: *DES AMOURS DE LÉGENDE. DIX COUPLES MYTHIQUES DU XXÈME SIÈCLE*

(Plon, March 2013, 448 pages)

With personal anecdotes and fresh revelations, Alain Vircondelet retraces the fascinating lives of ten legendary couples who left their mark on 20th-century art and literature.

What would Rodin have sculpted without Camille Claudel, Saint-Exupéry written without Consuelo, Picasso painted without Dora Maar? Alain Vircondelet has chosen ten symbolic figures we thought we knew everything there was to know about. Through the tales of these private destinies, he describes loves that were hindrances or catalysts to creation, the struggles these couples endured, their misfortunes and their happiness, the exceptional extremes of their experience.

Vircondelet knew Dali and Gala and Balthus and Setsuko well, was close to Marguerite Duras, and is one of the few rare researchers who has been granted access to the unpublished archives of Consuelo de Saint-Exupéry. Enlightened by their correspondence and their often little-explored memoirs, as well as both other first-hand documents and the observations of those who knew them, Vircondelet reaches to the heart of their passions and torments to comprehend the power of the work they left us.

In this captivating collection of unique fates, we discover ten legendary couples, ten fascinating love stories set into the context of the history of the art and literature of the last century.

Born in Alger in 1947, academic and writer Alain Vircondelet is well known for his biographies, which have been translated worldwide, including books about Marguerite Duras, Balthus, Saint-Exupéry, Albert Camus, Blaise Pascal, Rimbaud, Casanova and several other figures of literature and spirituality. His latest works are ALBERT CAMUS, FILS D'ALGER (Fayard, 2010 *prix Méditerranée de l'essai*), SAINT JEAN PAUL II (Plon, 2011) and SAINT-EXUPÉRY. HISTOIRES D'UNE VIE (Flammarion, 2012).

Selling points: *A well-documented and unique study of the lives of ten legendary artists.*

A captivating examination of love's role in an artist's destiny and work, with examples from sculpture, painting, photography and literature.

A fascinating journey through the 19th and 20th centuries, from Rodin's 1880s studio to Duras' death, in 1996.

Salvayre, Lydie: *SEPT FEMMES*

(Perrin, February 2013, 350 pages)

Seven fascinating portraits of women who have left their indelible mark upon the literary history of the past two centuries, with emphasis on their inner lives by one of France's exceptional writers.

Seven women. Seven emblematic figures of the literature to which they completely devoted their lives. Each was compelled by a passionate impulse to write, a fascination with the written word that drove some to suicide. Unusual, demanding, they drowned their personal pain in their works. Their daily lives seemed to each drab and insignificant—pushed to the extreme, as in the case of Sylvie Plath, tragic. But isn't this very «dailyness» what now marks their writing in the context of history? The history of pre-war Paris, or that of the Roaring Twenties, or the history of Stalinist Russia?

How can one reinterpret a work through the very life of its author?

Lydie Salvayre sets herself to the portraitist's task, much as Cioran and Sainte-Beuve so magnificently did, by choosing writers whose works influenced her own life and inspired her own works: Emily Brönte (1818-1848), Colette (1873-1954), Virginia Woolf (1882-1941), Djuna Barnes (1892-1982), Marina Tsvetaeva (1892-1941), Ingeborg Bachmann (1926-1973) and Sylvia Plath (1932-1963). Disturbingly unconventional, sometimes scandalous, in their own way each tells of a world that caused her suffering, yet one she helped to shape. Now

their works are literary monuments. Lydie Salvayre brings each of these women to life, writing of their lives, their beauty, their outrageousness and their rebellion, as well as their dark side, their despair.

Lydie Salvayre is the author of about fifteen novels, including *La Compagnie des spectres* (Seuil, 1997) which was awarded the *Prix Novembre* and was elected “Best Book of the Year” by literary review *Lire* in 1997. Her novel *BW* (Seuil, 2009) won the *Prix François Billeldoux*. Her works have been translated into twenty languages and adapted for theatre or enacted as concert-readings.

**Chalmet, Véronique: *SINATRA ET LA MAFIA*
(Payot-Rivages, March 2013, 208 pages)**

Frank Sinatra (1915-1998) never killed anyone and always swore he had nothing to do with the mafia. Yet he was surrounded by gangsters, in both his professional and his private lives. He was friends with the biggest of the “godfathers,” Lucky Luciano, and the underworld’s ambassador to the Kennedy clan.

Far from the smooth image the crooner projected to his fans, he shared more than just Italian roots with the Mafiosi. He also adopted their codes, their morals and their thirst for power. Success, money, women and influence: only a pact with the devil could make all of “Frankie’s” dreams come true. With friends like those, the artist’s true talent was staying alive.

For the first time, a book about Sinatra explores his relations with the mafia in a serious way, and a style that leavens the dark reality with the feel of a detective novel.

Véronique Chalmet, a writer and journalist, spent several years in New York, where she got the idea for this book. This is her third biography published by Payot, after *BILLIE HOLLIDAY* (2005) and *PEGGY GUGGENHEIM* (2009).

**Horts, Stéphaniedes: *LE SECRET DE RITA H.*
(Albin Michel, April 2013, 288 pages)**

They went to bed with Gilda, and woke up with Rita... Margarita Cansino begins her career as a dancer in her father’s troop. After catching the eye of the Fox Studios’ vice president, she leaves the Mexican casinos to join the studios of Hollywood, where she becomes the sex symbol of the 40s and Columbia’s shining star. Her nickname, the ‘Love Goddess’, says it all! Immortalized by *Gilda*, then *The Lady from Shanghai*, the actress became a living legend; scientists even gave her name to a nuclear bomb!

But that flamboyant red mane and those sensual eyes concealed a young girl broken by a violent father, a sensitive and passionate woman who fell in love with a genius and a prince: Orson Welles and Ali Khan. Each man gave her a child, but never the happy family life she longed for.

Stéphanie des Horts is a book reviewer and the author of *L’ANGLETERRE DÉLICIEUSEMENT DÉCADENTE*, *LA SPLENDEUR DES CHARTERIS*, *LE DIABLE DE RADCLIFFE HALL*, among others.

**Moreau, Fabienne: *DANS LES SECRETS DE MADAME CLICQUOT*
(Plon, May 2013, 230 pages)**

The true story of the Widow Clicquot (1777–1866), the famous businesswoman who lent her name to a Champagne that enjoys international renown and prestige.

It was a dare, and she found the courage to take it up. In 1805, following the death of her husband, the young Barbe Clicquot - just 28 - decided to take over the business in Rheims rather than sell out, as was customary for a young women of the times at the beginning of the 19th century. The revolution had transformed the world, and the economic landscape under the empire of Napoleon was profoundly changed. Barbe Clicquot was determined to turn it to her advantage.

Surmounting all the crises, she opened new routes to the East and spread her commerce to all the courts, of the great North, Germany, or Russia, revealing her considerable diplomatic skills at a time when France would soon be primarily known as the enemy. For Champagne enjoyed an unreserved vogue, and demand for it flowed in. Soon, secrets blossomed in the interstices of her remarkable work.

In this lively and captivating novel, Fabienne Moreau recounts with verve the life of this woman, who managed her own daring to the greatest advantage and whose instinct was guided by her unquenchable curiosity. Fascinated by wine, in love with this countryside where she had not grown up and where life took on the rhythm of the seasons, Barbe pursued her initiation to the trade all by herself.

Fabienne Moreau takes up the pen to share with the reader Barbe's moments of tasting the wine of Champagne that she would transform into one of the great French names, known for its sublime vintages

After studies in literature and history and a first novel, Fabienne Moreau was put in charge of the patrimony of Veuve Clicquot, Krug, and Ruinart, three Champagne houses of the LVMH group. In July 2010, she took part in the discovery of 47 bottles found in a ship that had been wrecked off the coast of the Aland archipelago, in the Baltic Sea, sometime between 1825 and 1830! It was the beginning of a grand adventure, rewarded with the unforgettable moment when she tasted the Champagne created by Madame Clicquot in mid-19th century, a moment that inspired her to write this novel.

**Veille, Simon: *EINSTEIN DANS LA TRAGÉDIE DU XXE SIÈCLE*
(PUF, February 2013, 416 pages)**

Drawing from many documents never published before, Simon Veille casts new light on the personality of the world-famous genius in this thorough, well-documented book. Einstein is seen from a new angle.

Einstein: President of Israel in 1952? Ben-Gurion's offer was sincere, but the great man's immediate reaction was polite refusal... Yet, even with his head in the stars, the brilliant physician was an important witness of the tragic events of his century. A German Jew born in 1879, he gave up his nationality as early as 1896 and, showing astonishing foresight, fled Bismarck's Germany which he esteemed to be repressive and warmongering. Showing little concern for Judaism and no sympathy for identity issues, he strongly disapproved of nationalism in all its forms. But when Hitler came to power, he warned Roosevelt about the massacre the Nazis were programming and fervently endeavoured to protect the 'members of his tribe' as he put it. When the violence of Nazi persecutions became clear an urgent reaction was necessary; the committed internationalist gradually drew closer to Zionism. Yet at the height of the post-war torment, he never forgot Arab rights or sidestepped the dramatic nature of the foundation of the State of Israel. Citing many previously unpublished documents, Simon Veille casts new light on the personality of the famous genius. His exceptional lack of ambition to wield power, but especially his astonishingly accurate political intuitions and the ethical dimension of his engagement, make Einstein - even today - a reference amid the chaos, and confer on him the authentic aura of a prophet.

Simon Veille is a historian and a journalist, who collaborates regularly with the journal *Historia*. He is now working on a book about the correspondence between Albert Einstein and Stephen Wise.

**Pelloux, Patrick: *ON NE MEURT QU'UNE FOIS ET C'EST POUR SI LONGTEMPS
LES DERNIERS JOURS DES GRANDS HOMMES*
(Robert Laffont, March 2013, 234 pages)**

Tell me how you die, and I will tell you who you are... and the period you have lived through.

Dr. Pelloux is attracted by a particular patient: half dead and incredibly famous. What if their agony told us more about their era than the era itself? From this hypothesis, Dr Pelloux undertakes new and exciting research, at once both medical and historical: retracing, with as much clinical and socio-political precision as possible, the last moments of these great characters of History. The result is thirty profiles in chronological order, from Jesus to Churchill, in a style full of verve and compassion. We encounter kings, revolutionaries, writers and acrobats, to name but a few. As the allusion to Molière in the title shows, this book has serious import, without being didactic and dry; it proves that learning is fun.

Dr. Patrick Pelloux is a key participant in the ongoing debate on health and social evolution. He is also the author of several books.

**Féral-Schuhl, Christine: *CES FEMMES QUI PORTENT LA ROBE - PORTRAITS
D'AVOCATES QUI ONT CHANGE LE MONDE*
(Plon, March 2013, 192 pages)**

From Brazil to Iran, Israel to Pakistan, and the United States to Palestine, a thrilling and enriching study of the lives and careers of 20 exceptional woman lawyers who have made their mark around the world. A unique portrayal of the wealth of this profession and how women approach it with dedication to justice and equality. Subtitle : Portraits of Women Lawyers Who Have Changed the World. Christine Lagarde, Hillary Clinton, Shirin Ebadi... these successful and powerful women have just one thing in common: they are all attorneys.

Christine Lagarde became General Director of the IMF, Hillary Clinton the American Secretary of State and Iranian Shirin Ebadi won the Peace Nobel Prize in 2003. They were all trained as lawyers, and all have

exercised their profession for some time, or still do. Christiane Féral-Schuhl, the second woman ever to have been elected to head the Paris bar, portrays the lives and careers of 20 exceptional woman lawyers who have made their mark around the world.

From Paola Severino, Italy's first female Minister of Justice to Valdenia Paulino, the Brazilian attorney known as "justice for the favelas" and Shulamit Aloni, the Israeli lawyer and activist for peace with the Palestinians, the author explores the wealth of this profession and how women approach it with dedication to justice and equality.

This book offers a unique portrayal of the paths of several famous and successful women, as seen through the one aspect they all share, their respective careers as attorneys.

Christiane Féral-Schuhl, 54, was admitted to the Paris bar as an attorney in 1981, and was recently elected president for 2012-2013. For nearly 30 years, she has focused her work on computer- and communications-technology law, for which she has earned a solid reputation. The 2012 edition of the global guide to legal excellence *Expert Guides* lists her among the "World's Leading Women in Business Law" and named her among the "Best of the Best" in the field of Information Technology law. She is the author of *CYBERDROIT, LE DROIT À L'ÉPREUVE DE L'INTERNET* (6th edition, 2011-2012) and *L'ENTREPRISE, L'INFORMATIQUE ET LE DROIT* (2^d edition, 1992). Over the past 25 years, she has had numerous articles published in the specialized press in the fields of computer technology and multimedia, as well as the economic press.

Bouchenot-Dechin, Patricia: *ANDRÉ LE NÔTRE* (Fayard, January 2013, 320 pages)

2013 will mark the 400th anniversary of the birth of André Le Nôtre, at which time numerous events will be held in both France and throughout the world. Yet no biography to date has been devoted to the man called by the English during his lifetime "the most famous gardener's architect".

Associate researcher at the Versailles Research Center, Patricia Bouchenot-Déchin co-wrote, with Philippe Beaussant, the authoritative *LES PLAISIRS DE VERSAILLES, HISTOIRE DU THÉÂTRE ET LA MUSIQUE À VERSAILLES AUX XVIIIE ET XVIIIIE SIÈCLES* (Fayard, 1996). Today, after fifteen years of research and a close examination of more than a thousand previously-unpublished documents, she gives us the long-overdue biography of André Le Nôtre: the works of the several dozen men who worked with or for him in France and abroad, Le Nôtre's extraordinarily close relation to Louis XIV, his circle of friends and acquaintances, his career in its entirety and the international impact of his work, during his lifetime and up until the present day.

Patricia Bouchenot-Déchin was chosen to curate the exhibition *Le Nôtre*, to be held in late 2013 at the Chateau de Versailles.

MEMOIRS & TRUE STORIES

Vlady, Marina: *C'ÉTAIT CATHERINE B.* (Fayard, May 2013, 120 pages)

Marina Vlady recounts Catherine Binet, her best friend and soul-mate who was also the companion of Georges Perec. Georges Perec was dying of a galloping cancer that year; Marina Vlady, who had lost her Russian husband, the famous singer Vissotsky, was falling in love with the oncologist/activist Leon Schwarzenberg. Catherine Binet was spiraling into a depression caused by both the tepid critical acclaim and outright failures of her film and publishing endeavors and a number of private accidents. Marina, happy and fulfilled, was there for her. After Leon's death Marina too would succumb to depression; Catherine would revive and rush to her rescue. This deeply-moving account evokes the destinies of two women, intertwined in misfortune till parted by death. Marina composes a classical "tombeau" in remembrance of Catherine, a literary monument commemorating both her departed friend and that part of self that vanishes forever upon the death of a soul-mate.

Actress Marina Vlady is also the author of a number of works published by Fayard.

Chaumont, Olivia: *D'UN CORPS À L'AUTRE* (Robert Laffont, February 2013, 306 pages)

She is not a man who became a woman, but a woman who found her real body.

It was the night before her operation that Olivia reflected on her life. For more than fifty years she had lived trapped in the body of a man, but deep down she knew she was meant to be a woman. The day of her operation is the most important day of her life: Olivia will be reborn in a new skin; finally a woman. Olivia remembers her happy childhood, her studies in architecture and a successful business career. This did not prevent her from feeling a terrible contradiction within herself. Little by little she began to change her life: man by day, transvestite by night.

An intelligent and unique person who has the rare courage to share her story.

Born in 1950, Olivia was an architect before founding her own agency with great success. Threatened with expulsion by the Freemason fraternity of the Grand Orient de France which lodges only men, Olivia is going to succeed where no one else has in history: she will revolutionise the laws of housing which have been in place since 1728 and become the first woman officially inducted in the Grand Orient de France.

Chaussegros, Bernard: *BEAUCOUP DE CHANCE MALGRE TOUT* (Calmann-Levy, January 2013, 200 pages)

A deeply-moving and uplifting story, far from the usual stories of childhood illness, beautifully written.

At the age of five, Anne-Lise is a little girl like any other. Perhaps even more so: Smart and lively, always full of beans, she is the life and soul of the family. And a huge supporter of the local soccer team. Her childhood is a happy one... Until that fateful day in January 1992, when she is diagnosed with leukemia.

All of a sudden, everything changes. Her life begins anew, is marked by ongoing struggle. But the little girl takes it all in stride, with the enthusiasm of a true soccer fan. To Anne-Lise, the illness is just another match. A match that, after two years of tough trials, she ends up winning.

Years go by. A hideous shadow still hangs over head, but it doesn't stop her from fully embracing life. There is the birth of her brother, and then her sister. Her first romance, and her first job... She experiences it all with a sense of urgency, with a passion for life and happiness. Cancer wins the second round, however, and will eventually win the tie-breaker.

Carefully avoiding overblown emotionalism, the story, written in the first person as if Anne-Lise were the narrator, is both a personal diary and a memoir. Lucky, In Spite of it All celebrates the life of a young girl who never threw in the towel.

Serre, Magali: *LES WILDENSTEIN* (JC Lattès Document, April 2013, 280 pages)

The story of the most admired and most feared art merchants of the century.

What do we know about the Wildensteins? The name is associated today with one of the biggest tax frauds of the decade, one of the blackest files of Nicolas Sarkozy's presidency, evoking strong connections between him and rich donors to his UMP political party.

Beyond the financial stakes, the story of this dynasty is as fascinating as it is unsettling. Who knew that the Wildensteins had the power to validate or refuse an expertise of a Monet, a Manet or a Gauguin? Who knows what comprises their vast riches? Rumor has it they own more than 10,000 masterpieces and know more than a few secrets about French art collectors.

Magali Serre gives us an intimate look at this fabulously wealthy clan who pay no heed to geographical borders or the limits of the law.

Magali Serre is a journalist and investigative documentalist for television. For over ten years she has covered political and financial scandals in Africa, France and elsewhere, always searching to uncover the hidden side of events.

**Manoori, Ukmina: *JE SUIS UNE BACHA POSH*
(Michel Lafon, March 2013, 205 pages)**

“The story of ‘Ukmina the Warrior’ is the tale of a rebel with a heart of gold. Portraying 30 years in the history of Afghanistan – as seen through the eyes of a woman who insisted on living as freely as a man – it is a tribute to those brave and admirable women who refuse to be invisible under their burkas, to submit to the slavery of marriage or to accept the idea of their own inferiority. They don the appearance of men the better to fight for the rights of women. And they pay the price.”

In Afghanistan, there is a long-standing tradition of allowing a few girls to take on the role of boys. They are called “bacha posh” (“girls dressed as boys”). It is a choice some families make in order to have someone who can go out, shop and work... as well as saving face when there is no male heir. But when they become teens, at an age to marry, religious authorities restore order. The girls must marry and bear children, and give up the freedom they had as “boys.” Exceptionally, one young woman, Ukmina chose to confront social and family pressure by retaining her male garb. A choice that paved the way to an extraordinary destiny: having earned men’s respect by fighting in the war against the Soviets, she was elected to the provincial council. But freedom always has a price: for “Ukmina the warrior” it was her life as a woman.

Ukmina Manoori, born in Afghanistan 45 years ago, was a bacha posh. She fought to maintain this status, which has allowed her to do extraordinary things for her country. She is now an elected member of the Council of Khost province.

Stéphanie Lebrun, reporter, has made several documentaries in India, Pakistan and Afghanistan. In 2012 she directed “*Kabul: You’ll be a Boy, My Daughter*,” seen on France 5.

Ukmeena made the ultimate sacrifice of her gender to fight for Women’s rights.

Selling points: *The astonishing testimony of a big-hearted rebel.*

Thirty years of Afghanistan history through the eyes of a woman who wanted to be free like a man. An ancestral practice that relaunches the debate on the women’s place in Afghanistan.

A subject that is both well-known and taboo in Afghanistan. A phenomenon based on an ancestral tradition. Not to have a male heir can mean both social stigma and economic hardship. A bacha posh, however, can work, chaperone her sisters, shop and support a whole family when the father is no longer there.

A fascinating study of an oppressive society where women are obtaining rights very gradually. The author gives many examples of difficult situations for Afghan women, particularly Pashtuns.

**Jouvet, Michel: *DE LA SCIENCE ET DES REVES*
A DREAMOLOGIST’S MEMOIRS
(Odile Jacob, March 2013, 304 pages)**

A major neurobiologist recounts his great discoveries and reviews recent research in the science of dreams

“We are such stuff as dreams are made on,” says Prospero in *The Tempest*.

Michel Jouvet, who has dedicated 50 years of his life in elucidating the secrets of sleep and dreams, would seem to have taken Shakespeare’s words literally. In this book, the celebrated neurobiologist looks back on his life with the insight that enabled him to classify sleep states and to identify ‘paradoxical sleep’ as a physiological key to dreaming.

The author gives us a lucid, sometimes caustic, view of his scientific career, beginning with his childhood love of science, the hardships of wartime and his student years, which revealed him as a true scientist. The book covers the frequent journeys of this inveterate traveller before intertwining reality and the imagination in an amazing literary tour de force.

Michel Jouvet’s scientific career is no less amazing: the late awakening of his medical vocation; early work generously supported by the U.S. Army; a visit to the Salk Institute, a Mecca for the neurosciences; his struggles to defend new ideas.

Pr. Michel Jouvet is internationally recognised in the neurosciences as the discoverer of “paradoxical sleep”, a state that is closely related to dreaming. He is Member of the French Academy of Sciences and Emeritus Professor of Experimental Medicine at the University of Lyon.

MEMOIRS & TRUE STORIES

He has received several prestigious international awards as the Intra-Science Award, the Prize of the Foundation for the Medical Research, the *Prix mondial Cino Del Duca*, the Distinguished Scientist Award of the Sleep Research Society, etc. He is the author of such highly successful works as *LE CHÂTEAU DES SONGES* or *LE SOMMEIL ET LE RÊVE* (80.000 copies sold) widely translated in about 15 languages.

Selling points: *The publication of Michel Jouvét's memoirs is a significant scientific and publishing event. Well written and featuring original and beautiful drawings.*

A beautiful and very atypical memoirs.

Wirth, Isis: *LA BALLERINE & "EL COMANDANTE"* *THE SECRET HISTORY OF THE CUBAN NATIONAL BALLET* (Bourin Editeur, April 2013, 304 pages)

Dancer and choreographer Alicia Alonso is one of the greatest figures of 20th-century dance. Ballet dancing, upper-class and elitist by nature, had apparently nothing to do with revolutionary goals. But it is the very same taste for power that brought Fidel Castro and Alicia Alonso together. The choreographer, who is now over ninety years old, is still ruling supreme over the Cuban Ballet, which has become a strong medium for Cuban propaganda abroad.

Thanks to their support of the massive executions that followed Batista's fall, and their backing of today's corrupt and gerontocratic regime, Alicia Alonso and her Ballet have offered an accurate mirror of Cuban society under Castro's reign. But the great dancer has also been one of the very few persons who had the courage to say no to Castro, by protecting her dancers against the repression that fell upon homosexuals.

Isis Wirth-Armenteros is a writer and a dance critic. She who worked for ten years alongside Alicia Alonso in Cuba, gives us an honest account of her life, in a story full of jealousy and rivalry, where dance becomes a Machiavellian machinery. She had to leave Cuba in 1994, nowadays, she lives in France and Spain

Raphael, Céline: *LA DÉMESURE* *VICTIM OF A VIOLENT FATHER* Afterword by Dr. Daniel Rousseau (Max Milo, January 2013, 210 pages)

A heart-wrenching journey through Céline Raphaël's childhood who became a piano prodigy before her 10 years old and who had to endure privation, humiliation and physical violence from her father.

For everyone Céline's father was a respectable factory manager. He had two degrees, in engineering and politics. Yet, when his daughter was only 2 years old he decided that she would become a piano prodigy. She achieved it and won her first international competition at 8 – just behind Lang Lang – but paid the price for it. For years, Céline lives a hell when she is at home. Her father beats her while her mother remains silent. When she hits a false note he beats her with his belt, pulls her hair, locks her in the basement, deprives her of food and of every kind of entertainment. She plays the piano for 45 hours a week.

Céline tells how everyone around her and especially the adults (her doctor, her professors) decided to ignore the evidences of what she was living: her bruises, her hair that her father sometimes shaved to humiliate her, and finally her anorexia. Eventually a school nurse noticed that something was wrong in the life of this 14 scrawny girl and started to ask questions. It did not take very long for her to gather enough pictures and evidences for a trial, to take Céline away from her family and to make her father condemned. After 26 months in foster families and child centers she spent a year back in her family and then moved out with her little sister to start over with her life and try to become a doctor.

Medical intern and sciences PhD, Céline Raphaël campaigns for a political commitment for child protection and a better training of medical professionals to track child abuses.

Daniel Rousseau has been a child psychologist for 25 years. He has written *LES GRANDES PERSONNES SONT VRAIMENT STUPIDES* published by Max Milo in 2012.

Book Club rights and massmarket paperback rights are sold in France

"I was afraid of dying on a week-end without no one noticing it." **Céline Raphaël, in Le Monde**

"A tough and disturbing book to break the silence on child abuses." **L'Express**

"A struggle against child abuses with no hint of pathos." **Libération**

Goldstein-Narvaez, Michèle: *NOUS ATTENDONS DE VOS NOUVELLES. VOIX ET DESTINS DU GHETTO DE VARSOVIE*

Afterword by Alain Lipietz

(Max Milo, January 2013, 228 pages)

Through her parents' history, survivors of the Warsaw ghetto, Michèle Goldstein-Narvaez wrote a story where love, determination to survive, optimism, humor, lucidity and a little luck too, overcome apocalypse. She revives the voices of the ghetto through letters her family exchanged in 1940. Some of them traveled through the world. She tells about the anxiety of the splitting, the adventure her parents lived hidden in the sewers, the Polish resistance and the expectation of the Allies.

Stasio and Janka met each other when they were child, living in the same building. Teenagers, they began a love story. Unfortunately World War II came up and the Nazis invaded Lodz and the two young people, now engaged, had to go to the Warsaw ghetto with their families. There they had to face hunger, diseases and fear for the life of the ones they loved.

Some of them had to run away from Poland to survive, but the couple and their mothers managed to hide in several places (in hidden rooms in apartments and finally in the sewers). After years of deprivations and fear, the Red Army freed Warsaw and they were able to move to Lyon, France, where Michèle was born.

Through this Historical and personal testimony, the reader is able to understand the feeling of uprooting and the scars that the Holocaust let on the victims and their descendants.

Former student of the Ecole Nationale Supérieure, Michèle Goldstein-Narvaez occupies a humanities studies chair. She is a member of the High Council of Integration think tank about secularism.

Alain Lipietz is an economist. He wrote (among other things) *LA SNCF ET LA SHOAH. LE PROCÈS GEORGES LIPIETZ CONTRE ETAT ET SNCF* (Les petits matins, 2011)

Ben Mohamed, Meriem: *GUILTY OF BEING RAPED*

In collaboration with Ava Djamshidi

(Michel Lafon, April 2013, 240 pages)

On that day, Meriem had had dinner with fiancé Ahmed in a romantic restaurant of Tunis chic neighbourhood La Marsa and was driving him home. Suddenly three policemen came forward. They thought they had the same rights as they did before the Jasmin Revolution: Ahmed was mugged. And not only Meriem was raped several times, she was charged with indecent assault because she was unveiled, in a skirt, with a man. She risked a 6 months jail sentence.

Her story moved the international opinion and all was done to help her. In consequence she was discharged and found innocent on November 28th 2012.

The new president has apologized after her trial, but the Islamist government did not. A lot of Tunisians sided with the aggressors. A sexually-assaulted woman is often found guilty and the subject matter is a taboo in a lot of Tunisian families. Meriem's mother and sisters knew about this dramatic event, but her father and brothers didn't, as she feared their reaction. She had to keep it a secret in her own family.

This book deals with the ambivalent situation of Tunisian women, who used to be the freest in Arabic countries, who were leaders of the Arab Spring Revolution and who are now threatened in their most basic rights. This symbolic affair embodies a moral backwardness that goes beyond Tunisian borders. How Muslim women are fighting to keep their rights.

Meriem Ben Mohamed, a 28 years-old Tunisian woman was wrongly accused of indecent assault. Ava Djamshidi a French journalist for *Le Parisien* wrote her memoir with her.

Feuchtwanger, Edgar: *HITLER, MON VOISIN*

(Michel Lafon, October 2012, 355 pages)

The memories of a Jewish boy of 9 whose neighbor was Hitler himself. A unique view of the rise of Nazism in Munich and Germany on the eve of World War II. Documents never published before: school exercise books, photos, press cuttings

Here, Edgar tells his story, his "little tale". These are the memoirs of Hitler's Jewish neighbor, who became a historian. The recollections of a little boy of 87, still miraculously alive.

Looking rather peculiar with his Tyrolean jacket and lederhosen, he sports a strange little moustache and does not drink or eat meat. Behind this very solemn looking man with his dark hair, two Bavarians are chatting. Bertold Brecht and Lion Feuchtwanger are working on a play together. When Brecht gets to his feet, the stranger with the black toothbrush moustache stands up too and insists on helping the writer with his coat. He introduces himself: "Adolf Hitler". Bertold Brecht and Lion Feuchtwanger thank the obliging young man and leave. Such scenes were commonplace in Munich in 1922. Only later would Hitler grow famous, come to power and decided to exterminate people he came across all the time in the street and cafés: Jews. There was no one to stop him.

Back then, Munich was a small town. In that small town, a little boy lived across the street from Hitler. His name was Edgar. Edgar was the nephew of Lion Feuchtwanger, the Jewish writer treated so courteously by Hitler in 1922. Times changed. In 1933, Hitler ordered the public burning of Lion Feuchtwanger's books. Uncle Lion went into exile, but Edgar was unable to follow. Hitler still lived in the same apartment building and Edgar walked past it every day on his way to school. The boy watched from his window as the strange man changed the law and ordered the arrest of men and women, and then Edgar's Jewish family. From that window - where he could see the light in Hitler's bedroom go on and off - he witnessed the Night of the Long Knives, Anschluss and the pogroms. He was caught in the eye of the storm. Then in 1939, Edgar obtained a visa for the United Kingdom. Less than seven months after he left on February 14, 1939, the "man across the street" started World War II, which would claim the lives of 60 million people, including 6 million Jews.

Edgar Feuchtwanger was born in Munich in 1929. Today, he lives in Southampton, England. He is a historian.

Deban, Frédéric: *ON THE OTHER SIDE OF THE RED DOOR. ABANDONNED AT 4, A LIFE TO REBUILD*
(Michel Lafon, January, 2013, 240 pages)

1968. I'm four. In a peaceful village. I'm in front of a red door, holding my mother's hand. The door opens: "Good morning Madam, I presume this is Frédéric." (...) Then, everything goes fast. Somebody took me by the arm, I walk backwards, and scream "mummy", but she does not answer. I'm staring at my mother going away behind the sisters' grey skirts. She left me here, like a package.

This book is not an autobiography, but it tells the story and the scars of a messed-up childhood, and a desperate search for love and identity. After running away and experiencing human misery, taken women for mothers and men for disturbing discoveries, finally comes the revelation of acting. Playing life is a good way to forget yours. And he does a good job at it.

A powerful text, without any complacency, and a real voice. It seems that Frédéric Deban is also a writer.

Frédéric Deban made his feature-film debut appearing next to Alain Delon, and emerged in the TV series *Les Cœurs brûlés* starring Mireille Darc. Among all the movies he played in, his most famous role is Grégory, in the TV series *Sous le Soleil* broadcasted in 100 countries in the world, with an audience of 3.5 millions viewers in France. After four years, a new season planned for 2013.

SCIENCES

Auge, Marc: *L'ANTHROPOLOGUE ET LE MONDE GLOBAL*
(Armand Colin, April 2013, 208 pages)

Marc Augé is one of the greatest contemporary anthropologists. Here he looks at globalization and the planetization of exchanges.

The world crisis affects our individual and collective reference points and throws mankind's place in doubt. With his lucid and critical approach, Marc Augé sheds light on our times by revisiting the grand questions anthropology first raised at the dawn of globalization and the planetization of exchanges: the concepts of personhood and space, new rituals, gender, power, etc.

Marc Augé is the director of studies at the Ecole des Hautes Etudes en Sciences Sociales (EHSS) in Paris. He specializes in Africa and Latin America.

**Barrau, Aurélien: *BIG BANG ET AU-DELÀ - BALADE EN COSMOLOGIE*
(Dunod, March 2013, 210 pages)**

Modern science has revolutionised our understanding of the universe. In this short essay, Aurélien Barrau sets out, in simple terms, the cosmos in the perspective of today's physics. An excursion, mixing science and philosophy, which visits one after the other the pillars and enigmas of the Big Bang. Going beyond the standard models, Aurélien Barrau discusses current speculation and plunges into the heart of multiple universes and the "pre-Big Bang."

Aurélien Barrau is French astrophysicist, specialized in astroparticle physics, black holes and cosmology

**Morand, Serge & Pipien, Gilles: *OUR HEALTH AND BIODIVERSITY: THREATS TO THE LIVING WORLD*
(Buchen Chastel-Libella, April 2013, 226 pages)**

There is a close relationship between human health and biodiversity: when human beings upset the way the living world works, they put themselves at risk. Conversely, intelligent, sustainable use of the living world, and lives led closer to nature, contribute to better health.

Nowadays, it is common to overlook the fact that protecting our own health requires preserving biodiversity. We often connect wildlife to diseases like chikungunya, malaria and bird flu, and wave the specter of emerging and/or imported diseases. Yet scientific research has proven that destroying ecosystems and disturbing life cycles is what actually puts us most at risk. The book covers four approaches to the relationship between human health and biodiversity: when biodiversity is indeed a risk, but also a guarantee for our health (biodiversity and infectious diseases); when controlling life forms can be harmful to health (resistance of bacteria to antibiotics and dangerous consequences of insecticides on public health and the environment); when pollution is harmful to both biodiversity and our health (endocrine disruptors and their effects on male reproduction, medicine being rejected into the environment); when biodiversity heals (plants' therapeutic value).

This book contains 20 contributions, including 3 interviews, with: Patrice Debré (professor of immunology, former Health Ambassador for infectious diseases), Robert Barbault (director of the MNHN, the National Natural History Museum) and Virginie Marris (philosopher at the CNRS, the National Research Science Center). It closes with a vibrant call for adequate public policy.

The 2 co-editors: Serge Morand is a researcher at the CNRS and the CIRAD (international Research Center for Agronomical Development). Gilles Pipien is the co-Chair of the Board of Humanity and Biodiversity.

The author of the Foreword: Hubert Reeves is the founder and president of the Humanity and Biodiversity Foundation (formerly the Roc League).

The 20 contributors include: Patrice Halimi, pediatric surgeon, General Secretary of the ASEF (French Environment and Health Association) and member of the EELV (Europe Ecology-The Green Party). Christophe Aubel is the director of Humanity and Biodiversity. Pierre Souvet is the President of the ASEF.

Selling points: *There is currently no other book on this topic of global importance.*

This rich document is quite accessible, with short chapters that cover topical issues, written by specialists in various fields (science, health, philosophy, ecology), that offer clear conclusions and concrete solutions.

**Rémi, Sussan & Sussan-Colson, Chloé: *LES NOUVELLES AVENTURES DU CERVEAU*
AN INQUIRY ON THE LAST UNKNOWN HUMAN TERRITORY
(Bourin Edieur, August 2013, 144 pages)**

The most recent research in the field of cognitive science and neuroscience provides an extremely unexpected image of our inner self – an image that completely contradicts the way we naively viewed ourselves until then. The fruit of this research could radically transform our conceptions of politics, economy, arts and even religion and philosophy.

Did you know that brains could activate machines at a distance, that there is a specific neural ensemble dedicated to religion, and that "nootropic drugs" will soon provide a new business for mafias and laboratories around the world? Some researchers even envision downloading the entire contents of a human brain.

Rémi Sussan and Chloé Sussan-Colson invite us on a fascinating exploration of our brain, the last unknown human territory. They help us discover our extraordinary – and sometimes worrying – near future. There is no need to watch the stars and look out for extraterrestrial presence: the Other is already here, within us.

Rémi Sussan is a journalist, specialised in the NBIC field (Nanotechnology, Biotechnology, Information technology and Cognitive science). He is the author of *LES UTOPIES POST-MODERNES*, *DEMAIN*, *LES MONDES VIRTUELS* and *OPTIMISER SON CERVEAU*.

Chloé Sussan-Colson is a 19-year-old editor specialised in the field of neurodiversity.

Franck, Nicolas: *ENTRAINEZ ET PRESERVEZ VOTRE CERVEAU* (Odile Jacob, January 2013, 224 pages)

Practical exercises to maintain and enhance your mental capacities.

‘I can’t remember where I parked my car.’ Absentmindedness? Loss of memory? A cause for concern?

Besides reviewing such questions, this book deals with a broader issue — one that becomes a major source of anxiety with age: what can be done to maintain or enhance brainpower? Acquiring a better understanding of the brain’s normal ageing process will help us know how to fight mental decline more effectively.

The good news is that the brain is capable of change — and that capacity is what enables it to fight against those factors responsible for the most rapid forms of deterioration, such as those resulting from diseases like Alzheimer’s. Studies have shown that at every age the brain, just like a muscle, needs to be exercised to strengthen and develop.

This book shows how to exercise and improve cognitive skills: it provides exercises, tells you what you can do on a daily basis to keep your mind active, and provides tips on maintaining a healthy lifestyle to ward off cognitive decline.

Pr. Nicolas Franck is a university professor, medical practitioner and head of Rehabilitation at the University of Lyon’s teaching hospital. He also teaches psychiatry at Claude Bernard Lyon-I University and is the author of *LA SCHIZOPHRÉNIE* (Odile Jacob, 2006).

Selling points: *What to do to enhance your mental vitality, explained by an eminent specialist.*

Exercises and activities to help you prevent and even reverse mental deterioration.

A practical book to take action to modify your mental skills.

Coppens, Yves: *UPDATE ON PREHISTORY* (Odile Jacob, March 2013, 250 pages)

The latest archaeological findings in an indispensable guide to prehistoric times

In an accessible question-and-answer format, Yves Coppens explains what the latest archaeological findings have taught us. What do we now know about the celebrated Lascaux cave paintings, 70 years after their discovery? What can we learn about our own primate lineage from the 10 million-year-old remains that were recently found in South Africa? Why can we now affirm that certain forms of cannibalism occurred between Neanderthals and Cro-Magnons?

Pr. Yves Coppens is a world-renowned palaeontologist who is famous for the discovery of many important human fossils, including those of the hominid Lucy. He is an honorary professor at the French National Museum of Natural History and at the Collège de France and a member of the Academy of Sciences and the Academy of Medicine. A regular radio broadcaster on France-Inter, he is notably the author of the highly successful *PRÉ-AMBULES*, *LE GENOU DE LUCY*, *L’HISTOIRE DE L’HOMME*.

Selling points: *A sweeping work covering research carried out in China and Africa as well as in Europe.*

A work that examines and puts into perspective the latest archaeological findings.

Yves Coppens is the leading figure in prehistoric studies today.

**Lemire, Laurent: *SES SAVANTS QUI ONT EU RAISON TROP TOT*
*A SHORT AND SURPRISING HISTORY OF DISCOVERERS AND DISCOVERIES FROM DA VINCI TO THE PRESENT***

(Editions Tallandier / L'Autre agence, January 2013, 220 pages)

When it comes to discoveries, being right too early or going against the established theories of the time has always been met with mere ridicule, condemnations, conspiracies and irony. From the Renaissance to the present day, this book brings you a list of those who were wrong to be right too early.

Leonardo da Vinci (anatomy), Nicolas Copernicus (the earth revolves around the sun), Andreas Vesalius (dissection/anatomy), Bernard Palissy (ceramic), Francesco Redi (insects and the decomposition of corpses), Maupertuis (the principle of least action), Lamarck (biology), Ignaz Semmelweis (asepsis), Louis Pasteur (against spontaneous generation), Ernest Duchesne (antibiotics), Paul Kammerer (heredity), Charles Wilson (characterizes ions), Gregor Mendel (genetics), Alfred Wegener (continental drift), Svante August Arrhenius (global warming), Georges Lemaître (Big Bang), Fritz Zwicky (dark matter), Rachel Carson (ecology), Nikolai Vavilov (genetics).

These scientists have increased knowledge while going against religious and political powers, against a certain worldview. Both highly amusing and learned, this work simply gives some visibility to those who have fallen into the background or to those who, despite their reputation, had to fight for recognition of their discovery.

Laurent Lemire brings them into the limelight with verve and humor, and reallocates the paternity of the discoveries that we use every day. Laurent Lemire is a journalist (Nouvel Observateur, Livres Hebdo) and former editor-in-chief of television shows Campus and Esprits Libres on the French public channel. He is also the author of several science books for a general audience.

Selling points: *Educational, full of fantasy and international examples, this book is accessible to a wide readership.*

Various periods seen through the lens of science, biology and sociology.

CULTURAL ESSAYS

**Bayard, Pierre: *AURAI-JE ETE RESISTANT OU BOURREAU ?*
(Les Editions de Minuit, Janvier 2013, 158 pages)**

Pierre Bayard, the internationally renowned author of HOW TO TALK ABOUT BOOKS YOU HAVEN'T READ, is back with an unusual, profound and well-documented essay presenting thoughts that are both universal and extremely private, and that will resonate with the metaphysical questions that all readers ask themselves at some point.

The author, born shortly after the end of World War II, tries to imagine the life he would have lead if he had been born 30 years earlier, in 1922. He examines the choices he would have been confronted with, the decisions he would have had to have made. He invents a double for himself, and describes his hypothetical path.

By considering the possibility of extending this concept to other periods of history, the author creates an opening. He bases his historical, philosophical, ethical and psychological questioning on universal literary references, and the analysis of the works that illustrate the ideas he develops is both rigorous and subtle.

This is an intelligent, pertinent and provocative book that poses extremely private questions, leading readers to consider their own experience, encouraging them to examine their innermost selves in order to judge the choice they would have made: resistant or murderer.

Pierre Bayard was born in 1954. He is a Professor of French Literature at Paris University, and a psychoanalyst. He writes controversial and thought-provoking essays, the best-known of which is HOW TO TALK ABOUT BOOKS YOU HAVEN'T READ (2007). The book has been translated into 27 languages and was a huge success in France (80,000 copies sold).

Grozdanovitch, Denis: *LA PUISSANCE DISCRÈTE DU HASARD* (Denoël, February 2013, 336 pages)

After *L'ART DIFFICILE DE NE PRESQUE RIEN FAIRE* (THE TRICKY ART OF DOING ALMOST NOTHING), which sold 40,000 copies and was translated into 4 languages, Denis Grozdanovitch continues his hunt for “butterfly moments,” a lifestyle and way of thinking that go against the grain of our technocratic, ultra-rational world. This time, he talks about chance and how it can enrich all of our lives.

Premonitory dreams, unexpected discoveries, singular encounters, strange coincidences... chance events pop throughout our lives. In an entertaining and literary stroll intertwining the author's family memories, athletic achievements in the news and a profusion of literary references, Denis Grozdanovitch invites us to relax our grip on rationality. From Roger Federer's extraordinary tennis prowess to the signs and omens that animals seem to represent – both in our dreams and in real life – via the sudden reappearance of objects we thought we'd lost, the author subtly blends History with anecdotes, from the ridiculous to the sublime. With a light, droll touch, he introduces us to the curious concepts of serendipity, the art of lucky finds; happenstance, the gift of being in the right place at the right time; and of letting go, the secret of many sports champions, scientific researchers, chess players and more. Pairing the maverick's impertinence with a free spirit's erudition, he encourages us to live for more than what a cold, sterile and technological world has to offer.

Denis Grozdanovitch lives in between Paris and Burgundy. For a long time, he led a double life as a professional sportsman and a scholar. In 2002, his now famous *PETIT TRAITÉ DE DÉSINVOLTURE* received the Prix de la Société des Gens de Lettres and achieved a cult status. In 2005, he released *RÊVEURS ET NAGEURS*, followed by *BREFS APERÇUS SUR L'ÉTERNEL FEMININ* in 2006, which received the Alexandre Vialatte Prize, and *DE L'ART DE PRENDRE LA BALLE AU BOND* in 2007. In 2009 was published *L'ART DIFFICILE DE NE PRESQUE RIEN FAIRE*, which was translated in four languages (Italy/De Agostini, the Netherlands/Mouria, Russia/Text, Poland/Czarna Owca), published in paperback version, and sold over 40,000 copies in France.

Selling points: *With subtlety and humor, the author provides a “dinner-table philosophy” that is both entertaining and uplifting.*

With a profusion of literary and other allusions and quotations, the author is clearly addressing people of culture, yet still has a lot to teach them.

The author's deliberately old-fashioned elegance, and the masterful way in which he handles irony without cynicism are worth saluting.

*“On pense à Proust (qu'il admire) par cet acharnement que met Grozdanovitch pour arracher au néant quelques infimes poussières de temps et tenter d'en faire, par la seule alchimie du style, des blocs d'éternité. “Je suis un collectionneur d'instant”, dit-il. [...] Place à la lenteur, à la paresse. Mais Grozda cultive l'art de la désuétude sans jamais tomber dans le passéisme.” **L'Express/Lire***

Kerlau, Yann: *LES SECRETS DE LA MODE* (Perrin, février 2013, 440 pages)

From the very beginnings of haute couture to the challenges of the 21st century, 18 exceptional figures' keys to success are revealed through their equally exceptional destinies.

Today, from Paris to London, Madrid to New York, and Tokyo to Beijing, a select group of fewer than 20 designers holds the reins to the global market. Balenciaga, Dior, Saint Laurent, Ralph Lauren, Calvin Klein et al. have created empires and revolutionized the world of fashion. How did they do it? What did they have that others didn't?

In France, there were the founders, Worth and Madeleine Vionnet, and the magicians, Paul Poiret and Elsa Schiaparelli. In England, three women – Mary Quant, Vivienne Westwood and Stella McCartney – have radically changed not only fashion, but social mores. In Spain, in less than 20 years, a man built both an empire – Zara, the international leader in ready-to-wear – and the world's third-largest fortune. Miyake, Yamamoto and Rei Kawakubo came from Japan to conquer the West, slashing through the fashion world's comfortable assumptions as if with samurai swords. Behind each of these 18 successful destinies lies a little known or forgotten secret.

Through these fascinating life stories, Kerlau offers a journey from the birth of haute couture in the 19th century to the latest breath-taking fashion shows. The author analyses the evolutions of the fashion world, not only through the clothes but also through its ties with social and economic issues. We learn when and how women's figures were freed from corsets, fashion marketing developed, and fashion shows turned into major

media events. This book tells all, thanks to the author's in-depth knowledge of what goes on behind the scenes and of how this fascinating world has influenced social evolution.

Yann Kerlau has worked in fashion for over 15 years, in particular for the Yves Saint-Laurent and Gucci conglomerates, where he was delegate director general. In 2011, his *LES DYNASTIES DE LUXE*, about the families behind Cartier, Ferragamo, Gucci, Hermes and Vuitton, was published by Perrin. It has been translated into several languages and is soon to be adapted for television.

Selling points: *Easy to read, this book offers a fascinating overview of 18 extraordinary destinies.*

Beyond the fashion theme, the author analyses the fashion industry's influence on society and history, industry and trade, marketing and advertising.

This book isn't a "how-to succeed in the world of fashion," instead it shines a light on how a few figures transformed fashion and society with their creations or their marketing ideas (from Mary Quant and the mini-skirt to Elsa Schiaparelli and advertising).

Charrin, Eve: *LA VOITURE DU PEUPLE ET LE SAC VUITTON* (Fayard, April 2013, 208 pages)

The present collection of short essays on a diverse array of everyday objects provides an offbeat reading of how we see the world today. Because objects are not just things to be used or owned: They are container and content, the manifestation of our desires, dislikes, yearnings and fantasies. In short, objects are a part of our imaginary world. And because they have a price, because they are the fruit of labor, they also reflect a socio-economic balance of power.

The contemporary world is seen here through our relationship to a dozen or so selected objects. The text looks at, in particular, how specific physical objects (a Vuitton handbag, an apple, an air-conditioner, sushi or a *low cost* economy car...) interrelate to certain well-known social, economic and political phenomena (the demise of the middle class, the rise of major emerging countries, the heritage of ultra-liberalism or of Islam, and so on) topics usually approached with disembodied austerity by the economists, political experts and sociologists of the media.

Taking up where Roland Barthes' famous *MYTHOLOGIES LEFT OFF*, Eve Charrin recounts the true meaning of our encounters with objects, written in a lively style that exudes subjective involvement!

Eve Charrin is a journalist. As a veteran financial press reporter, she has traveled the world over, having spent three years in India as a special correspondent. The author of Grasset's *L'INDE À L'ASSAUT DU MONDE*, she currently writes for *Esprit* and *la Quinzaine littéraire* and contributes book reviews to *Les Echos*.

Caron, Aymeric: *NO STEAK* (Fayard, January 2013, 360 pages)

Meat will soon be abolished from our diets. The killing of living beings for food 60 billion animals a year will soon be stopped for good.

First of all, our planet will make us stop: by 2050 world population will have reached almost 10 billion people; insufficient land and water resources will prevent the number of meat eaters from growing. Beyond economic and environmental reasons, this inevitable transition to vegetarianism will coincide with a new phase of mankind's evolution. Scientific research is proving more each day that the animals we raise for livestock are conscious, intelligent and social beings. Therefore, can we keep on eating them? The development of animal ethics obliges us to reconsider our duties towards other species.

Aymeric Caron gives us an eloquent and humorous investigation of mankind's strange relationship to meat. In Canada, for example, there is an actual palace built for cats and dogs; yet in China these latter may end up in a stew! Neither preacher nor proponent of a various school of thought, Aymeric Caron tells us straight out why meat, one day, is bound to disappear.

TV and newspaper journalist Aymeric Caron was born in 1971. He has been a vegetarian for 20 years.

Selling points: *An eloquent and humorous investigation of various aspects of our strange relationship to meat. Why have pigs, chickens and cows come to be our main meat staples? How are such livestock animals produced? Why did Bill Clinton, Carl Lewis and Bryan Adams decide to stop eating meat? And how can dietary animal proteins be replaced?*

Himself a vegetarian for more than 20 years, Aymeric Caron shares his personal experience. Bewaring any proselytism he explains in a crystal clear yet light way why one day meat will be abolished from our diets.

A very accessible book, filled with eloquence and humor, everyday facts and examples, on a highly topical debate, already dealt with numerous books, reports and articles.

**Vitoux, Frédéric: *VOIR MANET*
(Fayard, January 2013, 400 pages)**

In his fascinating and freewheeling essay, Frédéric Vitoux, who has admired the painter of *Olympia* and *Déjeuner sur l'herbe* for decades, explores the secrets of the man with a “sunny disposition” perhaps, according to his relatives, but whose bourgeois facade was hiding certain dark secrets. Vitoux's spirited account retraces the adventures of the painter, evoking both his friends and detractors as well as a number of interesting anecdotes. In a careful reading of Manet's work, what is more, the author reveals the shadow of conflict (with his father) and the mysteries (of his amorous relations) that would haunt the painter throughout his life. His strangely somnambulist works infuriated his contemporaries and have since continued to disconcert his fans. Frédéric Vitoux narrates with contagious passion the extraordinary destiny of one of the greatest French artists of all times. The words “see Manet” say it all!

Born in 1944, Frédéric Vitoux is an essayist and a novelist. His recently published works with Fayard include *CLARISSE*, *GRAND HÔTEL NELSON*, *JOURS INQUIETS DANS L'ILE SAINT-LOUIS* and, *LE DICTIONNAIRE AMOUREUX DES CHATS*, which was co-published with Plon.

**Pepin, Charles: *QUAND LA BEAUTÉ NOUS SAUVE*
(Robert Laffont, February 2013, 231 pages)**

A Hymn to Beauty by Charles Pépin. Why does beauty fascinate us so much?

Whilst we acknowledge the unique feeling that beauty inspires in us, we still do not give it a central role in our existence. We have a tendency to grant more importance to the search for happiness, love, success... As if beauty was a superficial delight, unconnected to the real meaning of our lives. Why, then, does it attract us so much? Why do we have such a need of it? It is because, according to Charles Pépin, without realising it, beauty does us good. It helps us to live better lives. The power of beauty gives us the strength to love what exists, and gives us hope of what could be. A brilliant essay.

At the age of 39, Charles Pépin is a qualified philosophy teacher and author of several novels and philosophy books, among which: *LA PLANÈTE DES SAGES* (Dargaud, 2011, 140 000 copies sold), *CECI N'EST PAS UN MANUEL DE PHILOSOPHIE* (Flammarion, 2010).

**Kerlau, Yann: *LES SECRETS DE LA MODE*
(Perrin, February 2013, 300 pages)**

From the very beginnings of haute couture created by Worth to the challenges of the 21st century, the keys to success of 18 exceptional figures are revealed for the first time through their equally unusual destinies.

Who has not dreamt of capturing the keys to success? Today, from Paris to London, Madrid to New York, and Tokyo to Beijing, a select group of fewer than twenty hold the reins of a global market. Balenciaga, Christian Dior, Yves Saint Laurent, Ralph Lauren, Calvin Klein, Diane von Furstenberg, John Galliano have created empires and revolutionized the world of fashion. How did they do it? What did they have that others did not? Behind each success lies a secret. In France, there were the founders, Worth and Madeleine Vionnet, and the magicians, Paul Poiret and Elsa Schiaparelli. And in England, three women—Mary Quant, Vivienne Westwood, and Stella McCartney--would radically change not only fashion, but mores. In Spain, a man built an empire and earned the world's third-largest fortune, all in less than twenty years. How, through the creation of Zara, did he impose a certain style on a global scale and become a world leader of ready-to-wear? Astute observers through the eyes of the Orient, Miyake, Yamamoto, and Rei Kawakubo in their turn came from Japan to conquer the West, slashing through the comfortable assumptions of the fashion world like the sword of a samurai. Behind each of these successes is a secret, often forgotten, sometimes little known. Who transformed a fashion show into a happening? Who freed a woman's figure? Who came up with the notion of marketing? Why has the handbag become a mark of social distinction?

Author: Yann Kerlau has worked in fashion for over fifteen years, in particular for the Yves Saint-Laurent and Gucci groups, where he was delegated director general. In 2011 his *LES DYNASTIES DE LUXE*, covering the stories of the grand families behind Cartier, Ferragamo, Gucci, Hermes, and Vuitton, was published

by Perrin. It has since been translated into several languages and will soon be adapted for television. Yann Kerlau now devotes himself full-time to writing.

Rowley, Anthony & D'Almedia, Fabrice: *QUAND L'HISTOIRE NOUS PREND PAR LES SENTIMENTS*

(Odile Jacob, March 2013, 250 pages)

A brilliant and widely accessible work with the powerful appeal of narrative history

There are moments when the entire planet seems to be caught up in a common emotional drama. The media can turn an international sports event, a natural catastrophe, a war or an election into a highly emotive collective experience. And what about the films that elicit laughter everywhere, from Paris to Mumbai? Collective emotions that sweep the planet have become commonplace.

But is this such a recent phenomenon? Didn't our earliest ancestors also share similar group feelings? What role have emotions played throughout history? Self-interest is not the only drive that motivates human actions. Other drives - jealousy, envy, desire, affection - have all played their parts at various key moments. And not only among the rich and powerful but also among the poor and the unknown. From early Christian feelings of love to the panic at Pompeii, from the horror of the Black Plague to the anxiety brought on by the Lisbon earthquake, from the feverish excitement of the Gold Rush to the enthusiasm that followed the collapse of the Berlin Wall, the authors recount 20 stories that made history and that reveal the role played by the emotions over the centuries.

Pr. Bernard Kanovitch Anthony Rowley is a professor at the Institut d'Etudes Politiques, in Paris. He has written many books, notably on gastronomy.

Pr. Fabrice d'Almeida, a professor at the University of Paris-II, is a historian specialising in propaganda and manipulation. He is the author of *HIGH SOCIETY IN THE THIRD REICH* and *HISTOIRE DES MÉDIAS EN FRANCE*. They are the co-authors of *ET SI ON REFAISAIT L'HISTOIRE*.

Selling points: *Historical writing should recover the inspiration that Michelet breathed into it 2 centuries ago: inciting thought by increasing knowledge and stirring the emotions.*

Drawing on contemporary research on the history of ideas and its representations, 20 fascinating stories.

Minois, Georges: *HISTOIRE DE LA SOLITUDE ET DES SOLITAIRES*

(Fayard, February 2013, 576 pages)

Solitude is one of the major paradoxes of today's world of hyper-communication. Indeed, humanity today both fears solitude and is fascinated by it, as seen in our pursuit of solitary accomplishments and our ever growing need for isolation. What is more, the face-off between individualism and the herd instinct, between isolation and socializing, has taken on even greater proportions with the advent of modern communication technologies and social networks. Yet the history of solitude can be traced back to Antiquity, whose intellectuals saw man as both a social animal and a lover of bucolic charms. "It is not good that man should be alone", the Bible says, even though Judeo-Christianity extols the solitary lives of hermits and monks. In the 19th century, the Romantics would sing the praises of solitude and flee the cities, just as today's "solos" tout the benefits of independence; the loneliness of the elderly continues to be seen as a scourge, however. The fact is, solitude is both a refuge and a curse – one of the greatest ambivalences of the human condition retraced in the present book.

History PhD and professor Georges Minois has spent 20 years studying the feelings, ideas and behaviors of populations in Western culture. He is the best-selling author of *HISTOIRE DES ENFERS*, *HISTOIRE DU SUICIDE*, *HISTOIRE DU RIRE ET DE LA DERISION*, *HISTOIRE DE L'ATHEISME*, *HISTOIRE DE L'AVENIR*, *HISTOIRE DU PECHE ORIGINEL*.

Selling points: *A vast yet precise panorama of solitude and the solitary persons from Antiquity to our days, reviewing for instance the hermits of the desert, Renaissance philosophers, Romantic poets: an informed and fascinating study of the evolution of the human condition, love, marriage and family, religion, science, culture and arts, science and technologies.*

A rather easily accessible book, despite its length and precision (dates, historic figures, philosophic or religious concepts), not intended for a general public.

For more than 20 years, Minois, History PhD and professor, has been studying the fascinating history of feelings, ideas and collective behaviors in Western cultures. His books have made him one of the rare

historians who, without ever sacrificing the requirements of scientific approach, know how to pass on their knowledge to a wide readership.

Lefrère, Jean-Jacques & David, Bertrand: *LA PLUS VIEILLE ÉNIGME DE L'HUMANITÉ*

(Fayard, January 2013, 176 pages)

One day a painter/draftsman asks himself what everyone else has always wondered about prehistoric caves drawings: How did prehistoric man produce works with such precise and self-assured lines? Why did our ancestors make them in caves often remote and difficult to access? Why did they make drawings that were almost identical in nature for over thirty thousand years?

To test the conclusion to which these questions had led him, the artist undertakes a collaboration with a scientist. Experiments are conducted, under the same conditions as those of our distant ancestors; all are conclusive beyond their wildest dreams. Perhaps even the meaning of the drawings will be reveal itself in the end.

The pair of authors of the present work are entirely self-taught in the field of paleontology. Could it be that their particular status and complete independence of thought enabled them to uncover one of the most ancient and enduring secrets in the history of humanity?

Painter and draftsman Bertrand David holds a degree from the Beaux-Arts de Rennes. Jean-Jacques Lefrère is a professor of medicine, a historian of literature and an essayist. He has published a dozen studies and biographies on Rimbaud, Lautréamont, Corneille and Molière.

Selling points: *An easily accessible book, both testimony and inquiry, following closely the narrator's path, hypotheses and experiments.*

The reader is quickly as passionate as the painter about these thousand-year-old riddles and feels part of the captivating investigation that makes him wonder about the origins of art and communication.

The pair of authors, being entirely self-taught in the field of paleontology, show a refreshing and complete independence of thought that may enable them to uncover one of the most ancient and enduring secrets in the history of humanity.

Kristeva, Julia: *Y A-T-IL UN GÉNIE FÉMININ ?*

(Le Rocher, March 2013, 215 pages)

What can be said about female genius? Is it the very definition of anti-feminism to address the concept?

Writer and psychoanalyst Julie Kristeva returns with flair to this subject, spinning off from her book about Hannah Arendt, Mélanie Klein and Colette, whose work is particularly resonant with her own. She looks at them in her own terms, with her three personality traits, as a “cosmopolitan, intellectual atheist.” Hers is an open-minded, generous gaze, informed with both “sisterly proximity” and the critical distance required for one that is truthful as well. This admiring gaze allows for an approach to the “feminine essence” that allows her to find and decipher in these three 20th-century women's work the manner in which they outdid themselves.

A stunning intellectual achievement.

Julia Kristeva, psychoanalyst and writer born in Bulgaria in 1941, is best-known for her works *TALES OF LOVE AND FEMALE GENIUS*, *LIFE, MADNESS, WORDS – HANNAH ARENDT, MÉLANIE KLEIN, COLETTE*. She also co-wrote with Jean Vanier, the founder of the Arche (a home for adults with mental disorders), *LEUR REGARD PERCE NOS OMBRES* (Fayard).

Kristeva, Julia: *THE IMPULSES OF AN ERA*

(Fayard, November 2012, 180 pages)

The present collection brings together the lectures, articles, speeches, seminars and interviews of Julia Kristeva, divided into seven sections reflecting the author's diverse and protean body of work. As a psychoanalyst, philosopher and semiotician, Kristeva has continuously provoked and encouraged thinking over the years, and a certain number of themes central to her work are approached here through the prism of time.

Freedom, psychoanalysis, women, religion, humanism, Europe and China, and lastly, her own personal views: Her deep belief, for example, in universality as seen in singularity, but also her fight for people with disabilities, her questioning of Islam and her commitment to psychoanalysis.

“I merely unfold truths and eras the way I experience and think them,” she says. As such, *THE IMPULSES OF AN ERA* can be seen as more than the mainspring of her intellectual commitment: It actually helps unravel the stakes of the world we live in.

Julia Kristeva is a writer, a psychoanalyst and a teacher at *Université Paris Diderot*, where she heads the Doctoral School of Language, Literature and Images. She holds honorary degrees from numerous universities and is a member of the *Société psychanalytique de Paris*. In 2004, Julia Kristeva was awarded the Hilberg Prize in Norway, and, in 2006, the Hannah Arendt Prize for Political Thought in Bremen. She is the author of over thirty works, novels and essays.

**Allain, Ronan: *HISTOIRE DES DINOSAURES*
(Perrin, October 2012, 250 pages)**

Written by an expert in his domain, this is the first major book on dinosaurs meant specifically for adults.

Did you know that dinosaurs have never disappeared? They’re flying through the air, where we can easily observe them, today, and present no danger at all. Because in fact, birds are the direct descendants of dinosaurs. Ronan Allain, one of the most renowned specialists on the subject, retraces the major stages in the history of the evolution of dinosaurs, from their origins sometime in the Middle Triassic period, 230 million years ago, until their extinction in the late Cretaceous period, 65 million years ago. He evaluates the most recent discoveries – such as the multi-coloured feathers that are now thought to have been on their bodies. The author brings together the latest interpretations of palaeontologists concerning these fabulous animals and recalls their initial discoveries, combining them with those related to the earliest humans.

Ronan Allain is a lecturer at the Muséum National d’Histoire Naturelle, where he is also in charge of the collections of bird and reptile fossils. He has participated in many expeditions in France, Laos, Lesotho, Morocco and Niger that have led to the discovery of the fossils of five new dinosaurs. In 2011, one of his digs in France saw the exciting discovery of the remains of the biggest dinosaur known to man.

PHILOSOPHY & RELIGION & SPIRITUAL LIFE

**Badiou, Alain: *PORNOGRAPHIE DU TEMPS PRÉSENT*
(Fayard, April 2011, 64 pages)**

What kind of world do we live in today? What do we really desire? Immersed in a commodity society conveying consensual images of wants and desires and governed, what is more, by a culture of political consensus severely lacking in vision, we have lost sight of even the possibility of a revolution. Like the prisoners in the cave presented by Plato, we do not perceive the true form of reality but merely its shadow.

Alain Badiou's visionary text doesn't so much urge us to rise up in indignation as to refuse to accept the world as it is, and this through the exercise of genuine criticism, the production of new emancipatory values and, finally, the reinvention of our very selves.

Alain Badiou gave the present lecture on January 26, 2012 as part of “The Year as Seen By... Philosophy,” a day of debates organized by France-Culture radio in partnership with Le Nouvel Observateur.

Philosopher and emeritus professor of the Ecole normale supérieure, Alain Badiou is also a playwright and a novelist.

**Taguieff, Pierre-André: *COURT TRAITÉ DE COMPTOLOGIE*
(Fayard, April 2013, 300 pages)**

To think conspiratorially is not to believe that conspiracies exist—conspiracies have never ceased to exist - but to see conspiracies everywhere, and to believe that they are entirely, or almost entirely, responsible for how the world works. As although world history is full of real conspiracies that have either succeeded or failed, it is also full of fictive or imagined conspiracies, attributed to either active minorities or the powers-that-be (governments, secret services and so forth), groups subject to our collective beliefs. In a world of great *instability* and *fear*, where faith in the “great narratives” of religion is on the decline, the multiplication, rapid diffusion and trivialization of conspiracy theories can be easily explained, as such stories, no matter how crazy, make sense of world events, allowing us to escape the terrifying spectacle of a chaotic world where anything can happen, including the worse. This explains the success of these accounts. Because seen from the angle of conspiracy,

coincidences are never accidental but reveal hidden connections that prove us with instructions for decoding the ways of the world.

Pierre-André Taguieff is a philosopher, a political scientist and a “historian of ideas.” He is a research director at the CNRS.

Constantinidès, Yannis: *LE NOUVEAU CULTE DU CORPS - DANS LES PAS DE NITZSCHE*

(Bourin Editeur, January 2013, 192 pages)

We are not fully aware of it, but our relation to our body has deeply changed in modern times. For Socrates, the body is “the tomb” of the soul, and for the Christians, it is the root of all evil condemning us to suffering, illness and death. On the contrary, today, our body has become our true salvation. It is not our enemy anymore, but our double. We do everything to keep it in good shape and expect doctors or scientists to make it healthier and stronger. Sports help us developing it, fashion brings out its beauty, cinema and television glorify it. Have we accomplished that “deification of the body” that Nietzsche hoped for?

For Yannis Constantinidès, it is not really the case. In fact, our body has become a new idol, an idealised fetish toward which our real body, weak, suffering and limited, feels always at fault and guilty. Beyond this analysis, it remains to be understood what would be the life of anyone who would follow Zarathustra’s motto: “I am only a body and nothing else.”

Yannis Constantinidès is a philosopher, teaching at the University of Reims in France. He has published many articles and studies on Nietzsche

Henry, Sébastien: *QUAND LES DÉCIDEURS S'INSPIRENT DES MOINES: 9 PRINCIPES POUR DONNER DU SENS À VOTRE ACTION*

(Dunod, 1st edition March 2012, 264 pages)

In a world in which progress and profit dominate, numerous company managers seeking meaning and absolutes are trying to find a new approach to managing. How can monastic rules of life, Christian or Buddhist, inspire company directors and managers today, whether they are religious persons or not? That is the question answered by this book. It explores and analyses nine principles of Christian and Zen monks (solitude, poverty, community life, obedience, meditation, compassion...) to see how they are applicable to the world of companies, especially to directors and managers. The author presents practical exercises and provides the concrete tools to enable directors to question how they function, and then introduce more meaning to their mission as leaders.

Sébastien Henry is MBA (ESSEC), BA in Psychology, BA in Philosophy, entrepreneur and executive coach at Progress-U, Hong Kong

There are 3 reasons to pick up this book: it’s convincing, it’s thought-provoking, it’s practical...It sheds light on your person, your job, your life and the way you live them.

Sibertin-Blanc, Guillaume: *POLITIQUE ET ETAT CHEZ DELEUZE ET GUATTARI*

(PUF, January 2013, 248 pages)

The work of Deleuze and Guattari on classic or contemporary issues of political thinking remains relatively little known. This book presents the formation of a political philosophy rooted in the theoretical, economic and political transformations of its times. It is constructed around three poles: State-form and sovereign violence; war and its contemporary mutations; capitalism as a system of global domination.

The author explores the political philosophy developed by Deleuze and Guattari in the two tomes of their *Capitalisme et schizophrénie (L’Anti-Oedipe, 1972; Mille plateaux, 1980)*, placing it in three specific contexts:

a/ theoretical-political, making Marxism a key interlocutor of the two authors who re-problematize the materialistic/historical epistemology, a critique of political economy, and the political schema of the class struggle;

b/ macro-historical, marked by the end of the fight for decolonization, the transformations of relations of domination and dependence on a global scale, the crisis of the workers’ movement and the emergence of ‘minority’ struggles;

c/ a paradoxically anachronistic environment, a ‘between two wars tropism’ that ‘takes us back’ to the scene of Guattari and Deleuze’s thinking of the most ‘destructivist’ figures of economic and political history of the century.

It is precisely in that anachronism that the three major axes of Guattari and Deleuze’s political thinking, treated consecutively in this book – a theory of State and sovereignty, a post-Clausewitzian thinking of war, a diagnostic of capitalist globalization - are placed at the heart of contemporary debate on extreme or ‘impolitical’ violence (E. Balibar), on the contradictory geographies of capital (D. Harvey), on the struggle of minorities, and the controversial re-appropriations of the work of Carl Schmitt.

Guillaume Sibertin-Blanc is an associate professor of contemporary philosophy at the University of Toulouse II. Member of the journal *Actuel Marx*, he authored *PHILOSOPHIE POLITIQUE XIXE-XXE SIÈCLES* (Puf, 2009); *DELEUZE ET L’ANTI-OEDIPE. LA PRODUCTION DU DÉSIIR* (PUF, 2011), and recently published *DELEUZE ET LA VIOLENCE* (EuroPhilosophie, 2012).

Salmon, Gildas: *LES STRUCTURES DE L'ESPRIT*

Lévi-Strauss and Myths

(PUF, January 2013, 314 page)

Based on the history of anthropology and mythology, the author shows that the concept of structure forged by Lévi-Strauss, far from confining social existence to irrevocable models – as critics often claim – is a means of describing how each culture comes to manifest itself through a distinct identity.

What does it mean to compare two societies, two institutions or two myths? Taking this question as a starting point, we can understand the work of Lévi-Strauss.

Instead of itemizing the similarities between cultures, he chooses to make their differences the driving force of his comparison. This approach, which finds its conclusion in the *Mythologiques*, is indissociable from a thesis on the production of cultural phenomena: each society forges its myths and its rites by translating and distorting those of its neighbours. Consequently, to compare cannot be reduced to classifying societal facts; it becomes a means of grasping how the human mind functions at points where cultures meet, of elucidating those mental operations by which they construct their differences.

It is in the study of myths that this redeployment of anthropological knowledge is operated. In order to explain what is at stake, this book retraces a conceptual history that takes in Tyler, Garnet, Dumez, but also Freud, Saussure and Jacobson. It leads to a reinterpretation of the notion of structure: far from confining social existence in irrevocable models – as critics often claim – it provides the means of describing the dynamics of transformation that lead each culture to display a distinct identity.

PhD, agrégé, Gildas Salmon is a researcher with the CNRS (GSPM - Institut Marcel Mauss). His work focuses on the history of the epistemology of social sciences (especially anthropology), and the philosophy of the mind. He is now working on a history of comparatism in the 19th and 20th centuries.

Heyberger, Bernard: *LES CHRÉTIENS EN ORIENT. DE LA COMPASSION À LA COMPREHENSION*

(Payot, April 2013, 160 pages)

The demographic evolution of Christians in the Middle East has not been a history of endless erosion and degeneration since the advent of Islam. Their current drop can be explained through several causes, among which, the recent failure of nationalist ideologies holds more weight than “Muslim fanaticism.”

One of the structural problems for Christian communities in the Middle East comes from the extremely long-standing division into rival Churches, as well as their own internal organization. The construction of Nation-States over the course of the 20th century, as well as both diasporas and the broader rural exodus changed the way communities relate to territories.

Currently, the issue is how communities and ecclesiastic structures will adapt to the consequences of the “Arab revolutions.” The Churches, which had adapted to the authoritarian regimes that had been in place for decades, seem unprepared for these changes.

In addition, contrary to the preconceived notion that Christians have preserved their traditions unchanged since the origins of their religion, in fact their connection with the past is in constant evolution, and reactions to changes in surrounding society and western science play key roles. Like all religions, those in the Middle East are currently being exposed both to globalization and to the individualization of belief.

PSYCHOLOGY & MEDECINE & SELF-HELP

Philosopher and historian, Bernard HEYBERGER is the Director of the Institut d'études de l'Islam et des sociétés du monde musulman at the Ecole des Hautes Etudes en Sciences Sociales

Darré, Patricia: *LES LUMIÈRES DE L'INVISIBLE* (Michel Lafon, February 2013, 304 pages)

Patricia Darré represents a path between us and the next world. She offers herself to others for several interventions: talking with dead people, spell removal, exorcism, physical healing...

With her strong experience, she delivers her secrets to develop extra-sensorial perceptions, to use them to connect to the past and to have more strength in order to face the everyday challenges. She demonstrates that the soul remains alive after death, and helps us to understand what we were before this reincarnation, and how to connect our soul. Because our inner self is what holds the keys of happiness. You have to fight against your own ego, to learn how to love and how to face your destiny, despite injustices in life. You also have to remember that a human being leaves their print in every place they go and on everything they touch. This is why you can find good or evil homes or objects, or feel good vibrations from stones, trees or places, that give you strength and power.

This book is a powerful journey on the path to spirituality and to our blossoming in this world.

After studying Advertising, Literature and Cinema at the Bologna University, Italy, Patricia Darré went back to her hometown in Berry to work for Radio-France. In 1995, she discovered her gift for mediumship. This would change her life, and the life of many others... After her bestseller "Un Souffle vers l'Éternité", "The invisible lights" is her new book.

Selling points: *The success of her first work, Un Souffle vers l'Éternité: more than 50 000 copies sold since January 2012 in France.*

A bright, honest and convincing personality.

Patricia Darré's gifts are worldwide renowned. She offers (for free) her services to many personalities.

PSYCHOLOGY & MEDECINE & SELF-HELP

Pellerin, Fabrice: *ACCÉDEZ AU SOMMET LE CHEMIN EST EN VOUS* (Michel Lafon, March 2013, 242 pages)

"At the beginning, we only had a ripped medicine-ball and some rusty barbell", remembers Fabrice Pellerin. At that time, he has no financial support and he trains the local swimmers in a public pool, that he shares with grandmothers and sport school classes... Yet, he is going to become the most awarded French coach at the Olympic Games.

Could we put into practice the secret of this success in our everyday life? The answer is "Yes"!

Fabrice Pellerin, nicknamed "the Magician", has developed a global method based on personal fulfillment. An approach that goes against the usual sports trends and of which everybody can take advantage, no matter the difficulties we are faced with, in a world that become as merciless as the top-level sports milieu. How can we transform our qualities and failings in assets. How to use a constraint in a positive way? Why some people develop unconsciously a defeat behavior and how could this be avoid? Personal fulfillment is achievement of life goals which are important to an individual, in contrast to the goals of society, family and other collective obligations.

This book will teach you how to take up the challenges of the modern life and to build up your achievements, either small victories or fulfilled dreams: this is one of the keys to happiness.

Fabrice Pellerin is the coach of the French Olympic Nice Swimming club. Summer 2012, the four swimmers he is training, Yannick Agnel, Camille Muffat, Clément Lefert and Charlotte Bonnet, have performed a remarkable achievement: they won 9 medals at the Olympic Games in London - 4 of which gold medals – and broke 3 world records.

Selling points: *An original life philosophy, practical examples that will help you reach the top of you and be happier.*

"The visceral power comes from inside." Le Figaro

“Humour is a significant axiome of our training method.” *Le Monde*

“Each day has to provide you a gratification and you have to excel yourself for the good reasons.” *Le Point*

**Siguret, Catherine: *MA MERE, CE FLEAU*
(Albin Michel, March 2013, 256 pages)**

One of the last taboos remaining in our times presupposes that a mother, even if she is not perfect, can be nothing other than reasonably good. The media deliberately focus on the exception (an infanticide mother or one who has permitted incest or procuring), but a mother who is noxious, psychologically abusive, perverse, “mad” or absent – there’s simply no such thing! All of which leaves the victims distraught, sometimes for their entire life. Yet ordinary bad mothers and psychological abuse are more widespread than one would imagine.

You can have multiple children, multiple spouses, you only have one mother, and it is this reality that face those whose mother was ill-loving, cruel and harmful. Those who never found in her the features glorified by the collective imagination: loving arms, a listening ear, a guardian, a refuge for life, an ocean of sweetness. How to live with this haunting and incommunicable emptiness? How to face questions that are not answered (“Why did she treat me this way?” “What did I do to her?”), under the sometimes suspicious or severe look of the beloved, those lucky ones who can not understand?

Catherine Siguret has amassed 12 personal accounts that testify to the absolute antithesis of this legendary goodness, all of them, as a result of the taboo, characterized by guilt, shame, incomprehension and feelings of abnormality or betrayal. Patrick Delaroche, a psychiatrist and psychoanalyst, brings us his expertise so as not to leave the reader in a state of alarm, but to inform of the foundations and the possible way-out for victims.

Born in 1968, Catherine Sigouret is a writer and a journalist (for magazines and television). She has published more than 50 novels and biographies, including *FEMMES CÉLÈBRES SUR LE DIVAN* (Seuil, 2007) and *L’AMOUR EN MIETTES* and *L’AMOUR AU COIN DE L’ÉCRAN* (Albin Michel, 2012). If physical abuse has already been largely discussed, the subject of psychological abuse has never been.

A universal theme that touches all readers, with an original perspective: the testimonies are not those of mothers, but of an adult who speaks about the relationship he had with his mother during his childhood. 12 detailed and moving testimonies, that illustrate the extent of this issue overshadowed by the media: 12 portraits of mothers, among them narcissistic, outrageous, selfish, indifferent, sadistic, crazy, sick.

**Lachant, Jacques-Alain: *LA MARCHÉ QUI SOIGNE*
(Payot, April 2013, 272 pages)**

Many of our bodily aches and pains come from the fact that we no longer know how to walk or to “carry” ourselves properly (Giacometti is the most tragic example). This book uses concrete examples and first-person accounts to show all the advantages that a “carrying stride,” which is easy to learn, can bring. In addition to the end of many pains and handicaps, one can also acquire improved presence in oneself, in space and in relationship to others and a sensation of feeling energized and light, as well as rediscovering the pleasure of feeling truly alive, of finding new sensations in one’s own body.

Jacques-Alain Lachant is an osteopath. He has developed a global approach that allows him to treat posture-based pains and disturbances. He can count many “shrinks” among his patients: Dolto, Pontalis, Eliacheff, & al.

**Tilmant, Isabelle: *L’INFIDÉLITÉ AU FÉMININ*
(Anne Carrière, March 2013, 230 pages)**

On the disturbing, unsettling and mesmerising subject of woman’s infidelity, Isabelle Tilmant discloses the unspeakable secrets that women generally keep to themselves. The author, a therapist, has based this book on personal testimonies she received. Scrupulously respecting the anonymity of her patients, she presents their confessions in the form of short stories. Her position is neither judgemental nor libertarian; she describes their search for sensual pleasure and their profound yearning for ecstasy as revealed in their infidelities.

Readers - whether shocked, bewildered or captivated - will find in these uncompromisingly truthful narrations aspects of themselves, and their friends.

A book that will leave no one indifferent, and certainly engender much heated debate.

Isabelle Tilmant practised as a family psychotherapist in a Brussels university hospital, and has worked as a clinical psychotherapist for over fifteen years. She has already published *Épanouie avec ou sans enfant* (2008) for Editions Anne Carrière.

Filliozat, Anne-Marie & Guasch, Gérard: *CES PETITS RIENS QUI CHANGENT LA VIE*

(Albin Michel, February 2013, 304 pages)

Taking a short promenade, giving up a bad habit, a few minutes of conscious breathing, shedding a little guilt, a relaxation exercise... Can such little things really make us feel better?

Yes! And they make all the difference. But why is it so difficult to change?

Anne-Marie Filliozat and Gérard Guasch develop and extend their original therapeutic approach which explores our thoughts, inner images, emotions, feelings, tensions and corporeal memory. With the help of easy-to-use and efficacious exercises, tools based on the neurosciences as well as traditional Chinese medicine and the age-old practice of Taoism, the authors invite us to break down the barriers that lock us into a routine, providing the keys to transform our daily lives (vitality, immunity, sexuality, sleep, desires, projects, etc.).

A practical programme and the resources you need to install these changes – small but so beneficial – into your daily life.

Anne-Marie Filliozat, psychoanalyst, was one of the first therapists to introduce a psychotherapeutic accompaniment of the sick in France. Gérard Guasch is a doctor and homeopath, acupuncturist and psychosomatician. Both have written many books, including *AIDE-TOI, TON CORPS T'AIDERA* (Albin Michel, 2006).

Prieur, Nicole & Gravillon, Isabelle: *NOS ENFANTS, CES PETITS PHILOSOPHES-PARTAGER AVEC EUX LEURS GRANDES QUESTIONS SUR LA VIE*

(Albin Michel, March 2013, 192 pages)

From the ages of 4 and 5, with whatever vocabulary they possess, children ask questions about death, good, evil, fairness, unfairness, truth and courage... Their questions - always very pertinent - are the expression of a profound demand, a genuine need to philosophise.

Too often, parents don't pay them enough attention, or they ignore them, either because these questions disturb them or because they feel they don't have the answers. In this way, children's natural tendency to ask about the world, embrace different ways of thinking and gain confidence in their capacity to reason, begins to fritter away. Inspired by fourteen questions frequently asked by children of 4 and over, Nicole Prieur and Isabelle Gravillon have devised fourteen little tales through which they explain how parents might, from day to day, instil in their children an appetite for reflection, the pleasure of thinking and a method that will constitute a precious resource for living fuller lives as children as well as adults.

Nicole Prieur, a psychoanalyst, published *NOUS NOUS SOMMES TANT TRAHIS*, in 2003, and *PETITS RÉGLEMENTS DE COMPTES EN FAMILLE*, in 2009. Isabelle Gravillon, a journalist and specialist in family and psychological issues, published *HÉRITER SANS SE DÉCHIRER* in 2010 among other books.

Evelyn, Rosalie: *EMOTIONAL GYMNASTICS*

(Odile Jacob, March 2013, 256 pages)

Liberating the body of its tensions and recovering physical and mental well-being thanks to a psychophysical approach.

When facing life changes, of a family, professional or personal nature (career changes, death, divorce, remarriage and blended families, relations with others), the body undergoes emotional transitions, even if we are unaware of them, and the body stiffens and suffers. Over time, the body gradually loses its shape, structure and mobility; eventually the joints become the focus of somatic pains.

There is a link between the body's stiffness and accumulated emotions that can, over time, lead to fatigue, malaise and depression. How can we overcome stiffness and painful movements? How to soothe tension and free the suppressed emotions that tend to turn the body into a fortress?

Emotional gymnastics offers a solution involving the reconstruction, reconciliation and complete, positive transformation of the individual. Based on an original understanding of the history of each person's

inner hurts, this psychophysical approach aims to liberate the body of its tensions so as to allow it to recover physical and mental well-being.

Rosalie Evelyn is a psychophysical therapist. Her approach based on breathing and stretching exercises aims to help people accept their bodies. She is the author of HISTOIRES DE VIE, HISTOIRE DE CORPS.

Selling points: *The exercises proposed here will enable readers to calm the emotions (fear, sadness, excessive joy) that are responsible for muscular stiffening.*

By working on our bodies we can learn to soothe our emotions and improve our posture.

An original understanding of the history of each person's inner hurts.

Aimelet-Périssol, Catherine & Aimelet, Aurore: *APPRIVOISER SA CULPABILITE* (Albin Michel, March 2013, 224 pages)

Most of us experience pangs of guilt on an almost daily basis: *Why didn't I, I could have, I ought to, I must, I mustn't...* A multiplicity of complex or banal situations give rise to the same, unique feeling: that of being at enmity with or betraying oneself. But blaming ourselves doesn't bring contentment - we know that blame isn't positive - for ourselves or others. Modern and unfettered by an out-of-date and revanchist morality, we are aware of the new art of living based on the theory of 'self-fulfilment'.

To readers who feel that they are unworthy human beings, bad parents, ungrateful offspring, rotten friends or colleagues, Catherine Aimelet-Perissol explains how we are exploiting feelings of guilt and encourages them to take our part of the responsibility - but only our part - and to take the constructive aspect of culpability on board in our lives.

Catherine Aimelet-Perissol, a doctor and psychotherapist, has published COMMENT APPRIVOISER SON CROCODILE, ÉCOUTEZ LE MESSAGE CACHÉ DE VOS ÉMOTIONS POUR PROGRESSER SUR LA VOIE DU BIEN-ÊTRE; QUAND LES CROCODILES S'EN MÊLENT, DU BON USAGE DE NOS ÉMOTIONS DANS LES RELATIONS ADULTE-ENFANT, etc.

Aurore Aimelet, a journalist, is co-author of the book DIS BONJOUR À LA DAME!

Delabos, Alain: *MINCIR EN BEAUTE – GRACE A LA MORPHO-NUTRITION* (Albin Michel, February 2013, 448 pages)

After the success of Chrono-nutrition, Dr. Alain Delabos continues to develop his method. In this book, he teaches us to identify our type of morphology and presents a nutritional programme adapted to each 'morphotype' so that every reader can target their own weak points. A 'cheops' silhouette (i.e. small breasts and a tendency to gather fat on the thighs) can easily be corrected by eating the right food, because these flaws are due to bad eating habits: too many vegetables in the evening and not enough meat at midday... Page after page, the reader understands how 'every element consumed at a certain time of the day can be beneficial for the organism and for the figure, while the same food eaten at another time of day gets 'stocked' - which is why we put on weight. And according to the type of mistake we make (sugar in the morning, starchy food or too many vegetables in the evening...), we find ourselves putting on too much round the middle, on the buttocks, etc. Or perhaps not enough. It depends...'

Thanks to this book, we can restructure our silhouettes to find a shape that suits us. A bonus - for each morphotype, there's advice on fashion and food supplements.

Dr Alain Delabos is the inventor of Chrono-nutrition®. Among his successful books: MINCIR SUR MESURE, LE RÉGIME STARTER, MINCIR VITE ET RESTER MINCE, VAINCRE LE CHOLESTÉROL GRÂCE À LA CHRONO-NUTRITION ... The Russian rights for previous books are sold to Phoenix.

Dejours, Christophe: *TRAVAIL VIVANT. 1 : SEXUALITÉ ET TRAVAIL ; 2 : TRAVAIL ET EMANCIPATION* (Payot, January 2013, 224 pages and 256 pages)

Alienation and suicide: we have known perfectly well, since "*Souffrance en France*", that work can cause the worst to happen. But most people do not realise that it can also bring out the best, that it can be a factor in self-realisation and emancipation. This however is the idea explored in this book which proposes a new theory of work.

The first volume analyses the relationships between work, the body, and sexuality. It shows that creative work is a test of subjectivity in total from which new capacities can emerge, always on condition that this test is conducted through a second task, of the self working on the self, or the transformation of the self.

The second volume shows that the organization of work has effects that extend far beyond the world of work alone. At work, one can learn respect for others, selflessness, solidarity, debate, and the principles of democracy. One can also learn to use others, duplicity, disloyalty, selfishness, weakness, and silence. As a result, the organization of work is always an area where one can learn about engagement or apathy in political spheres.

Christophe Dejours is a psychoanalyst and psychiatrist. He is a professor at the French National Conservatory of Arts and Crafts (CNAM) in Paris and is the author, among others, of *LE CORPS, D'ABORD: CORPS BIOLOGIQUE, CORPS ÉROTIQUE ET SENS MORAL* (Payot; translated into English (world rights) and Portuguese (Brazil)) and *CONJURER LA VIOLENCE: TRAVAIL, VIOLENCE, SANTÉ* (translated into Spanish (world rights) and Portuguese (Brazil)).

Rights sold to: Argentina (Editorial Topia, Spanish world rights) and Brazil (Paralelo)

Millette, Béatrice: *EXERCICES PRATIQUES POUR UTILISER VOTRE INTUITION EN TOUTES CIRCONSTANCES*

(Payot, February 2013, 112 pages)

Our intuition is a kind of intelligence that encompasses the intuitive knowledge through which we “know” without knowing, the intuitive learning process thanks to which we learn without realizing it, the intuitive decision-making process that helps us grasp the obvious, and the intuitive reasoning that leads us to results that surprise even ourselves, as well as the empathy that improves our relationships. So it is an asset that is fundamental to our well-being, our sense of equilibrium, our efficiency in our daily lives – both professional and personal, and our self-confidence.

This “inner voice” that we don’t listen to enough, rarely leads us astray. With this practical guide composed of exercises that are easy to apply in real-life situations, you’ll learn to recognize that voice better, to listen to it more and to really trust it, in order to increase your self-confidence and boost your general sense of personal satisfaction.

Béatrice Millette Ph. D. in psychology, an expert in cognitive sciences, is a psychotherapist. She is the author, with Editions Payot, of *BIEN AVEC SOI-MÊME, BIEN AVEC LES AUTRES* (2008), *LE LIVRE DES BONNES QUESTIONS À SE POSER POUR AVANCER DANS LA VIE* (2010); and the famous *PETIT GUIDE A L'USAGE DES GENS INTELLIGENTS QUI NE SE TROUVENT PAS TRÈS DOUÉS* (2007), 55,000 copies sold; translated into Arabic, Chinese simplified characters, Italian, Korean, Portuguese (Brazil).

Popowsky, Pierre: *SE SOIGNER AVEC L'HOMEOPATHIE. DE LA NAISSANCE JUSQU'A SIX ANS*

(Le Rocher, February 2013, 320 pages)

The purpose of this little book of “practical pediatrics” is to provide an experienced health professional’s simple and practical answers to the questions that parents and future parents ask about the best way to care for their children. And homeopathy offers treatments that are non-toxic, efficient and economical. These parents belong to the majority of the demanding public that wants to take advantage of the full range of solutions offered by modern medicine, for both themselves and their children, and not to be limited by standard or incomplete answers. Nowadays, 70% of patients – are in favor of homeopathy.

This book is written in a straightforward style, based on down-to-earth situations seen on a daily basis in a doctor’s office. When today’s parents go to see the pediatrician, they have both explicit questions (e.g. “Why does our child have a fever?” “What can we do to treat it?”) and implicit ones, which are expressed through stress and fear, which is often totally unjustified. All the information in this book is intended to provide parents with useful, pragmatic answers – both to their directly posed questions and to their hidden fears. These answers act like a soothing balm for their anxiety, which is perfectly understandable in those who have the responsibility of caring for their offspring.

At the end of the book is a list for first-aid kits that everyone should have available at all times.

Dr Pierre Popowski has been a pediatrician and a homeopath for over 30 years, as well as a journalist and a writer for both specialized journals for scholarly societies and for magazines for the general public. He is the in-house homeopath for several magazines: *Top Santé, Parents, Famille*. your home reflects yourself

Eiguer, Alberto: *HOW UNDERSTANDING YOUR HOME CAN MAKE YOU FEEL BETTER*

(Michel Lafon, April 2013, 304 pages)

Whether you live alone, with a partner or with your family, in a tent, a studio flat, a cottage or a second home, the place you live in protects you, secures you, as well as revealing your true sides.

The manner you arrange it reflects your personality, the way you connect to others, marks your present and prepare your future.

Dr Alberto Eiguer takes you on a visit from room to room, in every corner, and makes you have a look at your “internal home”, at your deepest desires, at your mistakes in laying out the place and how they may cause frustration for others as well as conflicts. Through his patients’ stories, he helps you uncover the changes you should make to live harmoniously with your friends, family and yourself. And these changes don’t always come from moving or redecorating. To feel good at home, you should sometimes also refurbish yourself.

Dr Alberto Eiguer is a psychiatrist and a psychoanalyst. He specialized in family counseling and marriage guidance, is the Research Director at the Psychology Institute at Université Paris 5 and has written a great number of works. He focuses on home and its symbolism and often intervenes in Medias on this subject.

Selling points: *An original, unconventional way of approaching one of our main concerns: how to feel good at home.*

A theme rarely explored via the psychological angle, in a style accessible to a large audience.

Antilogus, Pierre & Festjens, Jean-Louis: *HOW TO BE THE PERFECT HUSBAND*

(Michel Lafon, April 2013, 261 pages)

“Daily routine. What an awful phrase! When it’s established, everything goes wrong. Noodles are flabby; butter is too hard for the fragile biscuit. To be short: after thirty years, ten years, six months – there are no rules – a couple is crumbling. Some of them have even been seen bored already at the city hall. Those won’t last long – you thought aside.

But whose fault is it? How could this happen? Who blew up the light of passionate love? Nobody knows. Nonetheless, here is the result: every year, one wedding in three ends up in a divorce. And the two remaining become bitter. No, we say!

There is a way to make a heart bleeding stop. And the good news is that it is all in your hands, my dear friend. As usual. If you want to save your marriage, to put away the bone of contention, the process is easy: you have to be the perfect husband. Just like we are. It sounds crazy, doesn’t it? It sounds impossible. But this dream is now a reality.”

The authors of the bestsellers LE GUIDE DU JEUNE PÈRE, LE GUIDE DU TOUJOURS JEUNE PÈRE, and LE GUIDE DU JEUNE COUPLE – translated in 20 languages –, Pierre Antilogus and Jean-Louis Festjens can show off: there is no age limit to be the perfect husband. Isn’t it great?

Selling points: More than 30 000 copies sold of the authors’ previous books. Another hilarious and liberating opus for both men and women, Illustrations by Nathalie Jomard.

“A hilarious book... a must-read, as soon as possible!” Madame Figaro

“Their secret? Describing with humor and sincerity.” Le Parisien

“A delight!” Enfants Magazine

Delahaie, Patricia: *HOW TO KEEP YOUR SPIRITS UP*

(2 Seas Agency / Le Livre de Poche, January 2013, 224 pages)

Today, more than ever, we need to cultivate our joie de vivre, our joy of living. That isn’t easy though, in the current context of global crisis! Yet some people manage to keep their spirits up, without necessarily being insensitive to hardships. What is their secret?

Psychosociologist, life coach and best-selling author Patricia Delahaie has gathered their stories and has learned a precious lesson that she shares with us in her new book: happiness is a goal to keep in mind.

Indeed, we can learn to protect ourselves, put our emotions in perspective, enjoy gratuitous bliss, and maintain good and healthy relationships with others. Having to deal with the crisis, we only have one solution: to retrieve the sense of sharing and helping each other.

Midal, Fabrice: *THE PRACTICE OF MEDITATION*
(2 Seas Agency / Le Livre de Poche, October 2012, 224 pages)
20,000 copies sold in France !

Fabrice Midal explains concretely how to meditate, he guides us step by step and answers all our questions. By paying attention to ourselves and the world around us, this work allows us to know our shadow part and discover the true peace of mind. The accompanying CD guides you through six meditations, concentrated on the notions of attention and presence.

“Everybody is talking about it, but nobody really knows what it’s about. It all becomes clear thanks to the new book by Fabrice Midal. [...] The author, which has been meditating for 25 years, is a philosopher, publisher and founder of a meditation center gives a concrete, simple, non-religious, enthusiastic and enlightening talk about meditation. Sitting down and breathing has never appeared so revolution” **ELLE Magazine**

Fieschler, Claude: *TASTING EVERYTHING. SPECIAL DIETS AND CONVIVIALITY*
(Odile Jacob, January 2013, 256 pages)

Restrictive diets are changing individual eating habits - and profoundly altering the way we relate to one another

Practically all human groups have rules codifying the partaking and sharing of food and meals: table manners, eating habits and traditions. Tasting and sharing food allegedly brings people together: eating the same food means producing the same flesh, the same blood; it means symbolically constructing or reconstructing a communal destiny. But growing numbers of people have been assertively adopting special dietary restrictions.

Why have some increasingly common serious pathologies, whose spread is poorly understood, obliged some people to avoid certain foods? Why have others, afflicted by certain, often self-diagnosed, food intolerances adopted specific health-related diets? What is the cause of the proliferation of so many dietary restrictions, often reflecting ethical, political, religious or spiritual commitments? How can we explain the rising number of individual exigencies concerning the simple act of nourishing one’s body?

The author answers these questions by analysing the causes and effects of these special diets, from both the biomedical and the social angles. He contrasts the forms of individualism expressed by such diets with the demands of sociability, and reflects on new approaches to enable mealtime conviviality to be restored.

Claude Fischler is a sociologist and a senior research fellow at the French National Centre for Scientific Research (CNRS) and heads IIAC (Institut Interdisciplinaire d’Anthropologie du Contemporain), a research and graduate studies unit of École des Hautes Études en Sciences Sociales in Paris with over 200 researchers and technicians. Many of his works have been published by Éditions Odile Jacob: *LE VIN, L’HOMNIVORE, MANGER: FRANÇAIS, EUROPÉENS ET AMÉRICAINS FACE À L’ALIMENTATION*.

Selling points: *An analysis of the nature, causes and effects of these diets, from the biomedical and the social angle.*

A reconciliation of conflicting viewpoints about nutrition: medical vs. social, individual vs. collective.

A reflection on how mealtime conviviality may be restored.

Lecerf, Jean-Michel: *A CHACUN SON VRAI POIDS : LA SANTÉ AVANT TOUT*
(Odile Jacob, March 2013, 250 pages)

An eminent nutritionist appraises what works and what doesn’t.

The frenzy to consume has been transformed into a slimming craze whose alleged aim to check the onslaught of obesity. But should the fear of developing weight-related health problems justify following so-called ‘miracle diets’, which often result in failure? Should the goal of becoming thin make you blind to the health toll? Should you bow to the dictates of fashionable slimness, even if the secondary effects or the risk of gaining back more weight than you lost in the first place pose greater health risks than the original extra kilos?

Abstaining from polemics, the author explains why dead-end solutions should be avoided and why lists of do's and don'ts are insufficient to guarantee weight loss.

What really matters, he urges, is feeling self-confident, listening to your body and respecting its needs. And the 1st step toward self-confidence, before any change can occur, is to stop feeling guilty about your weight and to abandon all preconceived ideas and diets. This book aims to help you achieve these goals.

Jean-Michel Lecerf is Chief of Nutrition at the Institut Pasteur, in Lille, and a consultant in internal medicine at Lille's Regional University Hospital Centre (CHRU). He is the author of numerous scientific articles and books on nutrition, diabetes, cholesterol and obesity.

Selling points: *A thorough review of scientific knowledge on slimming and on the weight-loss tactics that work and those that don't.*

A book that reduces guilt feelings about being overweight.

A book that guides the reader toward prudent, tailored solutions.

**Machon, Nathalie: *À LA CUEILLETTE DES PLANTES SAUVAGES UTILES
PLANTES MÉDICINALES, TINCTORIALES, AROMATIQUES... SACHEZ LES
RECONNAÎTRE*
(Dunod, March 2013, 192 pages)**

Finding and Picking Useful Wild Plants Medicinal, tinctures, and aromatic plants... learn how to identify them.

How to make one's own toilet water? How to recognise pennywort. The work is composed of two parts. The first sets out the indispensable elements for the preparation of an outing: how to observe a plant? Which wild plants are useful? Scientific information about plants: the different families, physical-chemical qualities, etc.. The second part is devoted to their identification in the form of 100 files: the various species – edible, fodder, aromatic, medicinal, depolluting, tincture... There is an annexe in the form of a practical address book which contains a list of relevant associations, museums, scientific and general public web-sites as well as a bibliography.

**Legault, Sophie: *VAINCRE LE DÉSORDRE, DANS SA TÊTE ET DANS SA MAISON*
(Librex, February 2013, 160 pages)**

Have you ever avoided opening a closet door because you were afraid that the contents would come tumbling out? Do you sometimes go into your teenager's room only to make a speedy retreat, discouraged by the piles of clothes covering the bed?

In Conquering Clutter, professional organizer Sophie Legault offers readers who are buried under all the clutter a proven "clutter-free program" to conquer disorganization forever. Her goal is to help people understand how clutter happens so that it can be eliminated for good. She takes a tour around the house, room by room, giving sound advice and recommending that our needs and habits should dictate where things are placed to make daily life simpler. As we follow along, she encourages us to think about our consumption habits.

Sophie Legault is a home organizer and is certified as a life coach.

**Filliozat, Isabelle: *LE BONHEUR EST DANS LA CUISINE*
(JC Lattès, Octobre 2012, 350 pages)**

When meal preparation is a voyage of self discovery

It was only a question of time before a psychologist became interested in that emotion-packed space that is the kitchen: complicity among friends, candlelit dinners, exasperated parents, stubborn children who refuse to eat, family psychodrama...

Today, when time is of the essence, when frozen foods and pre-prepared meals invade our tables, Isabelle Filliozat has chosen to study the unique dynamics of this vast subject. As a woman, a mother and a psychologist, she describes how this space where food is transformed into meals can also become a place of self-transformation.

Through the pages of this absorbing book, readers will find answers to questions such as "Why don't I like to cook?" or "What shall I have to eat?", abundant information pertaining to food allergies, the elusive ideal

TRAVEL GUIDES & GASTRONOMY

diet, as well as precious advice and practical exercises. Not to mention of course numerous savory and surprising recipes!

Isabelle Filliozat is the author of several best-sellers, among which the highly successful *L'INTELLIGENCE DU COEUR* (1997) as well as *JE T'EN VEUX, JE T'AIME* (2004), *IL N'Y A PAS DE PARENT PARFAIT* (2008), *LES AUTRES ET MOI* (2009) and *J'AI TOUT ESSAYÉ* (2011). Her books have been translated throughout the world.

TRAVEL GUIDES & GASTRONOMY

Miquel, Pierre: *PETITE HISTOIRE DES STATIONS DE METRO* (Albin Michel, April 2013, 272 pages)

Each time you travel in the Parisian Metro, you are, without knowing it, taking a step into History. And what a History! Paris's underground transport system, with its 325 stations, tells the stories of famous men, anonymous characters, places of remarkable interest and some totally forgotten, covering all the historical epochs in its own order...

In this unique procession, Michelangelo rubs shoulders with the obscure General Molitor; the humble gardener Cadet with Pasteur and Victor Hugo; while Réaumur, who invented the thermometer, is linked by a hyphen to the town of Sebastopol, a place he didn't know existed...

An esteemed historian and specialist of the 20th century, Pierre Miquel, insightful chronicler and sensitive author of memoirs, has also worked for radio and television. Albin Michel has published many of his books, including *AUSTERLITZ* (2005), *LES ANARCHISTES* (2003), *PETITE HISTOIRE DES NOMS DE LIEUX, VILLAGES ET VILLES DE FRANCE* (1993) and *LETRE OUVERTE AUX BRADEURS DE L'HISTOIRE* (1981).

Bodin, Louis & Thomasson, Bernard: *GUIDE DE VOYAGE MÉTÉO* (Odile Jacob, January 2013, 304 illustrated full-colour pages)

An indispensable guide to worldwide weather conditions to help you choose your travel destination.

Where to go in February for sunny weather? What countries are least likely to be hit by cyclones in October?

This book answers these and many other questions to help you select a holiday destination with the most favourable weather prospects.

Countries are classified according to weather and with recommended seasons for different activities (swimming and sunning, skiing, hiking, sightseeing). All the necessary information will be at your fingertips to decide where to go, month by month, from January to December.

Included here are a total of a 100 countries worldwide and some 20 French regions, with indications covering a range of conditions ('frequent fog in the morning', 'watch out for jellyfish, often prevalent at this season', 'showers likely in the late afternoon', etc.).

The guidebook also lists the main things to do and sights to see in each country once you get there (monuments, museums, tours) as well as the necessary practical information to help you prepare your trip (passport formalities, time zones, currency, etc.).

Louis Bodin is a meteorological engineer and a weather presenter on French network television. Bernard Thomasson is a journalist on the French news radio station France Info.

Selling points: *Principal highlights in each country and practical tips.*

Thorough information to help you prepare your trip flawlessly.

A 4-colour guidebook, illustrated with maps, photos, highlights.

Ribaut, Jean-Claude: *VOYAGE D'UN GOURMET A PARIS* (Calman-Levy, September 2013, approx. 300 pages)

Both gourmand and scholarly, this foodies history of Paris is an original take on the history of City of Lights. A delightful read, for foodie and aspiring gourmet alike.

For over two hundred years, the restaurants and bistros of Paris have earned the French capital its gastronomic reputation. An integral part of the scenery, they have come and gone with the *air du temps*, marking the memories of entire generations like phantomlimbs, or the guardians of passing time. Yet most of these public gathering places are less than a hundred years old, renewed every half-century or so. The fact is, restaurants, like transitory monuments of sorts, are impermanent.

The present work sets out to recount the history of Paris through its restaurants and bistros, those sacrosanct establishments of good food and goodtimes. The author's quest will lead him to wander the city, from one neighborhood to the next, in search of spots with that certain *je ne sais quoi*, whether inviting, informal or elegant. Literary *flaneur* Jean-Claude Ribaut takes us on a gourmand tour of Paris, visiting both memory lane and today's best gastronomic tables, in a unique history of the culinary neighborhoods, traditions and success stories of the City of Lights.

REFERENCE BOOKS

Poulain, Jean-Pierre: *DICTIONNAIRE DES CULTURES ALIMENTAIRES*

Edited by

(PUF, Octobre 2012, 230 articles, 162 authors, 1536 pages)

There is no other book in the world quite like this one. It is obviously no accident that this initiative comes from France and from Presses Universitaires de France - publisher of the humanities in all their diversity. Nor that it should appear in the country that invented gastronomy.

But it is also remarkable that this dictionary should be the work of an international team of authors, whose viewpoints have been combined to produce an interdisciplinary panorama spanning from sociology to geography, from history to psychology, while maintaining a constant dialogue with specialists in medicine, agronomy and the science of food.

The *DICTIONARY OF FOOD AND EATING* explores all the social and cultural dimensions of its subject, so marking the institutionalisation of human eating habits.

Food crises, hunger riots, malnutrition, obesity, GMO crops and much more: food has become a key political and environmental challenge.

Eating is also a social act, even a societal one at the centre of our family and social lives. An exhaustive work such as this one, which permits us to investigate and reflect on nutrition, food and eating, was long overdue.

Jean-Pierre Poulain is a Professeur des Universités, socio-anthropologist and Chair holder since 2012 of the "Food Studies: cultures and health" department, a joint creation of *Taylor's University* in Kuala Lumpur and the University of Toulouse 2.

He is also the author of many books including *PENSER L'ALIMENTATION, ENTRE IMAGINAIRE ET RATIONALITÉS*, written in collaboration with J.-P. Corbeau (Privat, 2002); *MANGER AUJOURD'HUI* (Privat, 2001 Jean Trémolières prize winner); *SOCIOLOGIES DE L'ALIMENTATION* (Puf, 2005 – *Prize for research in nutrition from the Institut français de Nutrition*, and *SOCIOLOGIE DE L'OBÉSITÉ* (Puf, 2009).

Angelier, François & Bou, Stéphane: *DICTIONNAIRE DES ASSASSINS ET DES MEURTRIERS*

(Calmann-Lévy, September 2012, 600 pages)

A unique historical, philosophical, literary, aesthetic and anthropological look at murder, real and imagined. In this unusual dictionary of both hard homicidal fact and fictional invention, a team of academics, philosophers, historians, writers, journalists and critics present and reflect upon 80 infamous murderers, from Cain to serial killer Charles Manson by way of Nero, Gilles de Rais, Charlotte Corday, Jack the Ripper and the Columbine massacre perpetrators Eric Harris and Dylan Klebold, without forgetting the most remarkable murderers of fiction such as Hannibal Lecter, the Black Dahlia, Dexter, Othello, Raskolnikov or Fritz Lang's M.

The horrific details and courtroom drama surrounding certain killings often see murderers and assassins pushed into the limelight, their enigmatic and fearsome faces briefly occupying centre stage before vanishing, forever, when the news grows stale. Some do live on in our memories, however, embodying perhaps a myth or

ILLUSTRATED BOOKS

an era, or symbolizing certain latent hostilities, driving forces, phantasms or underlying fears of society as a whole.

Yet the fictional assassins of certain plays, novels and films can also hold fascinating sway over the public. Often inspired by real life events and sometimes even inspiring them, certain literary perpetrators, like their homicidal cousins of history, have been the subject of countless volumes of critical analysis.

In brief, an original inventory of fictional and real-life murderers that have marked the history of mankind.

François Angelier is a radio producer and presenter at France Culture. Stéphane Bou is a journalist and a radio presenter. He and Élisabeth de Fontenay are the coauthors of *ACTES DE NAISSANCE* (Editions du Seuil).

ILLUSTRATED BOOKS

Brocvielle, Vincent & Reynaert, François: *KIT POUR LE XXIE SIÈCLE – METTEZ À JOUR VOTRE CULTURE GÉNÉRALE*

(JC Lattès, November 2012, 300 pages)

Illustrated book

G20, sequencing of the human genome, sovereign debt crisis, and molecular cooking are among the many notions prevalent in the media today: but are you sure you understand exactly what they mean?

This manual offers something completely new – the keys to achieving 21st century cultural literacy so that each and every one of us can understand the changes that have taken place in our world since the year 2000. For example:

Geography – The coming century will be dominated by the emerging economic superpowers (China, India, Brazil). What has made them so powerful? What are their strengths and weaknesses?

Mathematics – Discover why algorithms are so important today and learn how to use all those symbols on your telephone calculator.

Economy - Learn at last how the euro works (and the Central European Bank) as well as the basics of financial speculation.

Art and Music – Get a grasp on the four or five essential notions necessary to get the most out of a visit to a museum and learn the basic vocabulary for talking to a DJ.

Well-being – What the differences are between all the different weight loss diets out there and how to practice more efficient recycling.

At once amusing, inventive and unique, this *KIT FOR THE 21ST CENTURY'S* goal is to render contemporary knowledge simple, clear and accessible to as large an audience as possible.

Vincent Brocvielle is an independent publisher, writer and art specialist. He is the author of *Petit Larousse de l'Histoire de l'art*.

François Reynaert writes for *Nouvel Observateur* and is also a writer. He published *NOS ANCÊTRES LES GAULOIS ET AUTRES FADAISES* (Fayard, 2010) that sold over 80,000 copies.

Lieury, Alain: *THE BOOK OF MEMORY*

(Dunod, April 2013, 224 pages)

This book is a veritable voyage, in images and texts, to the centre of the memory. All aspects of memory are discussed (medical, psychological as well as cultural, philosophical, and anthropological). The journey is chronological, from Antiquity to today, retracing the odyssey of the exploration of this mysterious interior continent.

A fascinating excursion through mnemonic techniques and the most recent discoveries in the prevention of memory problems. Alain Lieury is an emeritus professor of cognitive psychology at University of Rennes 2, France.

Ormen, Catherine: *LINGERIE FRANÇAISE XIXE-XXE SIÈCLE*

(Plon, October 2012, 158 pages)

Text available in English

The exhibition will travel in 2013 from Paris to New York, Moscow Berlin and Toronto

Once upon a time there was French lingerie. This work covers over a hundred years of the history of lingerie, invented in France, known and coveted the world over, all of it recounted in a breezy style by Catherine Ormen, the great fashion historian.

More than a century of creations, innovations, know-how, luxury, and seduction! The long history of French lingerie celebrates the inimitable ingenuity and craft of French corset makers, with some of their landmark inventions: the corset in elastic fabric, the first brassiere (dubbed at the time the bust maintainer), the girdle, and, lately, lingerie made of intelligent fabrics capable of memorizing the curves of the feminine body! A concentration of glamour in just a few grams of fine lingerie.

Corsets, girdles, and bras have become part of the legend, but so have longlines, combis, bikini panties, panties, tangas, thongs and - back for a second go-round, at popular demand - garter belts. The author tells their story in the fascinating context of French custom and morals, a virtual slalom between seduction and taboos, highlighted by Gilles Berquet's extraordinary photos and by ads from archives.

A fashion historian and curator, Catherine Ormen is the author of many works on the subject, including a history of lingerie (co-authored with Chantal Thomass) published by Perrin. She has organized an exhibition of French lingerie which will open in Paris in July, 2012, before embarking on a worldwide tour.

Huet, Myriam: *ILLUSTRATED DICTIONARY OF WINE – INCLUDING 350 APPELLATIONS*

(Dunod, 1st edition September 2012, 384 pages)

This dictionary was conceived to answer the FAQs concerning wine. It defines and deals with all the great wines and vineyards, from France and the world, as well as all the indispensable concepts of tasting and vinification. The clear definitions make the language and concepts of wine easily accessible. This dictionary includes 3,000 entries, 15 double pages dealing with wine buying, storage, etc., and a section devoted entirely to appellations. Richly illustrated with full colour photos and maps.

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